# **Department of Counselor Education Catalogue Descriptions**

# **Undergraduate** Courses

## Introduction to Rehabilitation Services (RCS 2032) 3 credits

Orientation to the rehabilitation process, including a survey of the history, principles, philosophy, and legal aspects of rehabilitation.

## Career and Lifespan Development (SDS 3340) 3 credits

This course addresses the history, trends and future direction of the world of work. It focuses on career development theories, searching and exploring job and career opportunities, self-assessment, and being successful in the job market. Attention is also given to issues in the workplace, such as diversity and strategies for advancement.

## Interpersonal Communication Skills (SDS 4410) 3 credits

This course addresses the nature and process of interpersonal communication. It focuses on perceptions, selfdisclosure, stages of relationships, spoken and unspoken communication, listening and responding strategies and problem-solving skills. Attention is given to understanding cultural diversity, conflict management and communication via electronic means.

## High School to University Transition (SLS 1101) 3 credits

Prerequisite: Permission of instructor

Course prepares students in grades 10 - 12 attending Florida Atlantic University High School for a successful transition from high school to university. Emphasis is on presenting a comprehensive set of skills and strategies aimed at student success.

## **Graduate Courses**

## Processes in Counseling (MHS 5005) 3 credits

Examines the development and maintenance of effective counseling relationships and emphasizes the corresponding competencies and skills in counseling clients. (New description is effective summer 2012.)

## Play Techniques for Counseling Children and Adolescents (MHS 5422) 3 credits

Prerequisites: Permission of instructor

An experiential course designed to increase knowledge and skills in the use of play media and play process as a counselor intervention for working with children and adolescents. Course is designed for students and professionals in the helping professions.

## Counseling Special Needs Populations (MHS 5428) 3 credits

Examines special issues and methods involved in counseling special populations, including minority, bilingual, low SES and those with disabilities. Emphasizes the competencies of cultural sensitivity and culturally sensitive interventions in counseling clients.

(New description is effective summer 2012.)

## Special Topics (MHS 5930) 1-5 credits

Prerequisite: Permission of instructor

## Psychopathology in Counseling (MHS 6070) 3 credits

Prerequisite: Permission of instructor

Examines the theory and practice of diagnosis in the assessment and treatment of mental disorders and the use of the DSM-IV multi-axial system; emphasizes diagnostic and treatment competencies in professional counseling settings. (New description is effective summer 2012.)

## Appraisal and Evaluation in Counseling (MHS 6220) 3 credits

*Prerequisite: Permission of instructor* Examines the administration, interpretations and applications of tests and other appraisal devices in the competent assessment of clients. (New description is effective summer 2012.)

## Career Development (MHS 6340) 3 credits

*Prerequisite: Permission of instructor* Examines career development and emphasizes competency in the process of assisting clients in career planning and decision making. (New description is effective summer 2012.)

## Personality Theories in Counseling (MHS 6400) 3 credits

*Prerequisite: Permission of instructor* Personality theory and application of foundational counseling models.

## Counseling Theories and Techniques (MHS 6401) 3 credits

*Prerequisite: Permission of instructor* Examines the cognitive-behavioral and other counseling theories with an emphasis on case conceptualization and other competencies, skills and techniques in counseling clients. (New description is effective summer 2012.)

## Counseling Children (MHS 6421) 3 credits

*Prerequisite: Permission of instructor* Course explores methods and special issues involved in counseling children.

## Counseling Adolescents (MHS 6423) 3 credits

*Prerequisite: Permission of instructor* Course explores methods and special issues involved in counseling adolescents.

## Family Counseling (MHS 6430) 3 credits

Examines family systems and family counseling practice and emphasizes the family systems perspective. Includes competencies, skills, ethics, culture and the role of family counseling in various settings. (New description is effective summer 2012.)

## Substance Abuse Counseling (MHS 6450) 3 credits

Prerequisite: Permission of instructor

Examines the history, etiology and maintenance factors and the diagnostic assessment and treatment competencies in counseling clients with substance abuse issues.

(New description is effective summer 2012.)

## Counseling and Human Sexuality (MHS 6470) 3 credits

*Prerequisite: Permission of instructor* Examines human sexuality considerations in counseling clients with an emphasis on assessment and intervention competencies. (New description is effective summer 2012.)

#### Life Span Development (MHS 6482) 3 credits

Examines the major theories of human development across the lifespan and emphasizes the relationship of developmental stages and tasks to the process of normal development. Skills and competencies in fostering resilience in clients are addressed.

(New description is effective summer 2012.)

#### Group Counseling (MHS 6510) 3 credits

#### Prerequisite: Permission of instructor

Examines effective group counseling practice, which emphasizes leadership skills, competencies and knowledge of organizing, implementing and evaluating group counseling programs. Includes an experiential group component. (New description is effective summer 2012.)

#### Consultation and Behavior Management (MHS 6600) 3 credits

#### Prerequisite: Permission of instructor

A school-based model for school counselor consultation with parents, teachers, and other professionals is introduced and practiced. Emphasis on understanding and managing student behavior in large and small groups. A knowledge base is developed along with skills for creating and maintaining positive learning and social environments. Practice of counselor skills assists in managing groups of students and consulting with parents and teachers.

#### Legal, Ethical, and Professional Issues in Counseling (MHS 6700) 3 credits

Legal, ethical and professional issues in competent counseling practice are viewed from national, state and local perspectives.

(New description is effective summer 2012.)

## Issues in Mental Health Counseling Practice (MHS 6701) 3 credits

Examines mental health counseling as a profession, including history, identity, roles and trends affecting the field and practice of mental health counseling, and overviews the essential skills and competencies of effective mental health counseling practice.

(New description is effective summer 2012.)

#### Research in Counseling (MHS 6710) 3 credits

Prerequisite: Permission of instructor

Addresses research designs and methods related to variables and constructs found in the counseling literature. Includes field experiences and counseling program evaluation.

#### Practicum in Mental Health Counseling (MHS 6800) 3 credits

#### Prerequisite: Permission of instructor

Supervised counseling practice at a beginning level involving individuals, families and groups in field-placement settings. Includes a University-based seminar in which skills and competencies are evaluated in case reports and session presentations.

(New description and title are effective summer 2012.)

## Advanced Practicum in Counseling (MHS 6801) 3 credits

Prerequisites: MHS 6800 and permission of instructor

Supervised counseling practice at an intermediate level involving individuals, families and groups in fieldplacement settings. Includes a University-based seminar in which skills and competencies are evaluated in case reports and session presentations.

(New description is effective summer 2012.)

## Internship Mental Health Counseling (MHS 6830) 3-6 credits

## Prerequisites: MHS 6801 and permission of instructor

Supervised counseling practice at a more advanced level involving individuals, families and groups in fieldplacement settings. Includes a University-based seminar in which skills and competencies are evaluated in case reports and session presentations.

(New description is effective summer 2012.)

## Directed Independent Study (MHS 6905) 1-5 credits

Prerequisite: Permission of instructor

## Professional Seminar (MHS 6930) 3 credits

*Prerequisite: Permission of instructor* Major issues and problems in relation to current research, trends, and developments in counseling.

## Directed Independent Study (MHS 6905) 1-5 credits

Prerequisite: Permission of instructor

## Professional Seminar (MHS 6930) 3 credits

#### *Prerequisite: Permission of instructor* Major issues and problems in relation to current research, trends, and developments in counseling.

## Appraisal of Children, Adults, Couples, and Families (MHS 7222) 3 credits

*Prerequisite: MHS 6220* Course is designed to extend the student's knowledge and skills in the appraisal and evaluation of children, adolescents, adults, couples, and families.

## Advanced Counseling Theories: Brief Therapies (MHS 7402) 3 credits

*Prerequisite: MHS 6401* Course is intended to introduce students to theoretical principles and applied skills in current counseling with an emphasis on brief therapy models.

## Optimal Human Functioning and Development in Counseling (MHS 7406) 3 credits

A critical review and application of theory and research on human strengths and positive psychology relating to developmental issues in counseling and psychotherapy, including physical and mental health, close intimate relationships, and career development.

## Psychotherapy and Illness (MHS 7407) 3 credits

*Prerequisite: MHS 7402* Course discusses the application of focused psychotherapy strategies to acute and chronic medical illness.

## Counseling Interventions with Children and Adolescents (MHS 7424) 3 credits

#### Prerequisites: MHS 6421, 6423

Advanced verbal and action techniques and methods with children and young adolescents, with an emphasis on play therapy and action therapy methods.

## Multicultural, Spiritual, and Professional Issues in Counseling (MHS 7429) 3 credits

Prerequisites: MHS 6700, 6701

An advanced examination of multicultural, religion, spirituality, and professional issues, particularly involving advocacy for clients and the profession as they relate to counseling leadership and practice.

#### Theory, Research, and Interventions with Couples, Families (MHS 7431) 3 credits

An advanced course on contemporary theories and research as they impact interventions in couples and family counseling and therapy.

#### Advanced Group Counseling (MHS 7512) 3 credits

*Prerequisite: MHS 6510* An examination of group theory and research-based best practices for the advanced group leader.

#### Consultation and Leadership in Counseling (MHS 7606) 3 credits

Course is designed to increase students' awareness of, and skills in, the roles of consultant, leader, and advocate in various clinical, community, and administrative roles.

#### Consultation in School and Community (MHS 7608) 3 credits

Designed to increase students' awareness of, and skills in, needs assessment and planning, implementation and evaluation of counseling services, and preventive programs for children in communities and schools.

#### Advanced Supervision and Instruction in Counseling (MHS 7611) 3 credits

Designed to enhance knowledge, attitudes, and skills in competency-based supervision and instruction. Includes relational, contextual, and developmental processes and issues in supervision and instruction.

#### Outcomes Assessment and Evaluation in Counseling (MHS 7714) 3 credits

*Prerequisite: MHS 6710* Course critically reviews the literature on intervention outcomes in counseling and related fields.

#### Advanced Research in Counseling (MHS 7730) 3 credits

*Prerequisites: EDF 7482, STA 6113, STA 7114* Course critically reviews the core constructs, process, and outcome variables in the counseling and psychotherapy research literature with emphasis on research design, measurement, and analysis considerations.

#### Directed Independent Study (MHS 7905) 1-5 credits

#### Special Topics (MHS 7930) 3 credits

*Prerequisite: Permission of instructor* Topics related to the doctoral program in Counselor Education.

#### Practicum in Supervision (MHS 7940) 3 credits

*Prerequisite: MHS 7611* This doctoral-level seminar and practicum is designed to provide students with the opportunity to enhance counseling supervision skills.

#### Advanced Practicum in Counselor Education (MHS 7942) 3 credits

Prerequisite: Program of study approved by doctoral committee

Course is composed of two parts: (a) a field experience designed to meet CACREP and program requirements for advanced training and experience in counseling practice, supervision, teaching, research, and publication, and/or leadership and professional service; and (b) guided development of a dissertation prospectus.

#### Internship (MHS 7945) 3-6 credits

## Prerequisite: MHS 6830

An advanced internship designed to enhance the counselor's knowledge, skills, and abilities in assessment, case conceptualization, treatment planning, intervention, and the monitoring and evaluation of the counseling and psychotherapeutic process and outcome.

#### Dissertation Seminar (MHS 7978) 3 credits

*Prerequisite: MHS 7730* Introduces and oversees dissertation research. Designed to facilitate the process of conceptualization, planning, implementing, and defending a quality doctoral dissertation.

#### Dissertation (MHS 7980) 1-6 credits

Prerequisite: MHS 7978
A minimum of 12 dissertation credits is required to complete the doctoral program. Grading: S/U
Special Topics (RCS 5930) 3 credits
Prerequisite: Department approval
Special topics in rehabilitation counseling.

## Foundations of Rehabilitation Counseling (RCS 6031) 3 credits

*Prerequisites: Graduate admission and department approval* A survey of the historical, sociological, legislative, and operational foundations of rehabilitation and service delivery.

#### Medical and Psychosocial Aspects of Disability (RCS 6080) 3 credits

*Prerequisite: Graduate admission and department approval* A survey of the medical, psychosocial, and social aspects of disability.

#### Occupational Information and Job Placement (RCS 6320) 3 credits

*Prerequisite: Graduate admission and permission of instructor* A survey of the vocational aspects of disability, occupational classification, and career development of persons with disabilities.

#### Occupational Information and Job Placement (RCS 6320) 3 credits

*Prerequisite: Graduate admission and permission of instructor* A survey of the vocational aspects of disability, occupational classification, and career development of persons with disabilities.

#### Case Management in Vocational Rehabilitation (RCS 6644) 3 credits

A survey of the various case management models within a variety of rehabilitation settings: state VR, IL centers, community mental health centers/agencies, private rehabilitation companies, and disability management programs.

#### Rehabilitation Counseling Practicum (RCS 6801) 3 credits

*Prerequisite: Department approval* Supervised, highly structured clinical and practical experience in rehabilitation counseling.

#### Advanced Practicum in Rehabilitation Counseling (RCS 6805) 3 credits

*Prerequisite: RCS 6801* Course provides supervised clinical and practical experience in rehabilitation counseling, rehabilitation case management, and related rehabilitation service provisions. The practicum requires 250 hours of approved clinical time both on campus and off campus at an approved agency setting.

#### Rehabilitation Counseling Internship (RCS 6825) 3-6 credits

*Prerequisites: Department approval, RCS 6801* Supervised, but more autonomous, clinical and practical experience in rehabilitation counseling.

#### Fundamentals of School Guidance (SDS 5010) 3 credits

A survey of guidance services available in a school setting including principles, procedures, and emerging trends in guidance services.

## Data Driven Practices in School Counseling (SDS 6316) 3 credits

Prerequisites: Counselor Education major and permission of instructor

An experiential course designed to increase knowledge and skills for managing counselors' time effectively and also to manage comprehensive school programs to assist students, families, and educators, including students with disabilities and students in diverse populations

#### Guidance and Counseling of Gifted Students (SDS 6426) 3 credits

Guidance and counseling needs of gifted and talented students will be explored. Strategies for use by counselors and teachers in guiding the gifted will be demonstrated.

#### Group Counseling for School Counselors (SDS 6510) 3 credits

Explores structured small groups counseling, including methods and topics specifically oriented to school settings K-12.

## Internship-Counselor Education (SDS 6820) 3-6 credits

*Prerequisite: Approval of advisor* This full-time field placement in a public school guidance program is required for all students in the school counseling track.

## Master's Thesis (SDS 6970) 3 credits

Grading: S/U