FAU ESHP Course offerings (required and elective) for Majors--Undergraduate & Graduate

Note: Classes may not be offered, as scheduled below, because of budget, not meeting course capacity, faculty and space availability. Check with FAU current schedule and your ESHP academic advisor. See FAU catalog for prerequisite requirements.

Undergraduate classes (each semester)

Activity classes (various)
First Aid & CPR
Health Fitness for Life
Exercise Physiology and Lab
Neurophysiology of Human Movement
Nutrition in Health & Exercise (class & online)
Introduction to ESHP
Exercise Leadership 1
Exercise Leadership 2
Fitness Assessment & Exercise Prescription
Exercise Testing and Lab
Kinesiology
Advanced Methods in Strength & Conditioning
Health Promotion
Management Principles in ESHP
Stress Management
Substance Abuse
Weight Management (online)
Perspectives in Health & Wellness (online)
Practicum in ESHP
Internship in ESHP

Offered on rotating basis (may vary)
Biomechanics (Spring)
Exercise and the Older Adult (Fall)
Exercise Testing & Prescription for Special
    Populations (Spring)
Obesity: Biological, Psychological & Cultural
        Factors

Graduate classes (each semester)

Master's Thesis
Practical Applications
Educational Research (available online, too)
Educational Statistics (available online, too)

Fall Semester
Aging, Decision Making & Mobility
Functional Biomechanics
Human Systems Physiology for ES
Needs Assessment/Program Planning (online)
Research and Evaluation (PET 6505C, online)
Teaching Health in Elementary School (online)

Spring Semester
Advanced Exercise Physiology
Advanced Sports Nutrition
Evaluation of Health Promotion/Education
Exercise Science Lab Methods
Health Behavior/Education/Promotion (online)
Health Curriculum in Public Schools (online)

Summer Semester
Strength & Conditioning Program Design
Entrepreneurship in Health/Fitness
Epidemiological Basis of Health (online)
Personal & Community Health (online)