LETTER FROM THE CHAIR, Dr. Graves

We are starting another semester on the Boca Campus. In May, our department will have been here four years. During those four years, we have increased enrollment 15% each year, mainly through the efforts of the ESHP faculty and staff. We had our largest number of graduates this past fall, 58 undergraduate students receiving their BS or BSE. In fact, in the photo on the left, Dr. Mary Jane Saunders, FAU’s current president, took the time for a photo with me, prior to the Fall 2012 graduation.

The most exciting news is the arrival of the Dual Emissions X-Ray Absorptiometry (DEXA) machine. Dr. Michael Whitehurst, pictured below, received a technology fee grant last spring to be able to make this exciting purchase. The faculty and staff will undergo training in the next few weeks. All of us are excited about starting body composition and other research with the DEXA in the near future. In fact, the small laboratory in Field House 11-A also has the underwater-weighing tank and the Bod Pod.

If you have time, please do stop by to see us in the near future. Thank you in advance for reading our latest newsletter.

2012 ESHP Scholarships

Virginia Kelly Exercise Science and Wellness ($600 each):
  Keith Brazendale, graduate
  Jordan Green, undergraduate

David and Eleanore Rukin Memorial ($600 each):
  Ryan Preece, undergraduate
TABLE OF CONTENTS

1 Welcome from the Chair
2 Table of Contents
4 Research Symposium
8 Alumni Updates
10 Faculty and Staff Directory

1 ESHP new DEXA machine

3 Graduate Assistants

5 Internship Students

7 Graduation, Fall 2012
OUR NEW GRADUATE ASSISTANTS

FAU ESHP graduated GAs, Fall 2012, Markous Samaan, Kristin Jesse, Ryan Musille, Chris Dorka, Brad Shiflet, Jeffrey Hand, and Dr. Sue Graves.

Graduate students prior to their comprehensive exams November 17, 2012. Left to right, Brad Shiflet, Bethany Thomlinson, Jeffrey Hand, Dr. Zoeller (graduate coordinator), Josh Gangaware, Guiseppe Sacco, Ryan Musille; kneeling left to right, Kristin Jesse, Phil Cirrone, Markous Samaan, Christopher Dorka.

FAU ESHP students in the Fall 2012 Practicum class with Anita D’Angelo.

OUR STUDENTS AND EVENTS

ESHP student Crystal Jozwicky
FAU’s Homecoming Queen, Fall 2012.


Back row: Dr. Valeri Bristor, Jamala Paterson, Elizabeth Pittinger and her 2 daughters (Isabella and Gabrielle), Dr. Sue Graves, Sam Buckner, Keith Brazendale, Jeffrey Hand, Dr. Donald Torok; front row: Dr. Michael Hall, Dr. Michael Zourdos, Dr. Chun-Jung Huang, Frank Winkowski at the research symposium in the Fall 2012 at FAU’s High School.


Heather Ikola (FAU ESHP graduate), Tisha Gittens, Brittany Buran and Aisha Gary, FAU ESHP interns at Holy Cross Hospital, Fort Lauderdale, October 29, 2012.

Julie Ross, former FAU graduate with Natalie Neel, an FAU ESHP intern at Boca West Country Club, October 24, 2012.

Ginger Alfano (internship director) and Jamie Larkin, FAU ESHP intern at St. Andrews Country Club, October 30, 2012.

George Baez, an FAU ESHP intern at Nova South-eastern University Recreation Center, October 24, 2012.
# FAU ESHP Internships 2013

<table>
<thead>
<tr>
<th>Location</th>
<th>Name</th>
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<tr>
<td>Boca Raton Orthopedic Group</td>
<td>Crystal Jozwicki</td>
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<td>Boca Raton Regional Hospital</td>
<td>Philippe Renaud</td>
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<td>Boca Raton Regional Hospital</td>
<td>Tiffany Erdman</td>
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<td>Boca Raton Regional Hospital</td>
<td>Jeff Doyle</td>
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<td>Boca Trauma &amp; Rehab</td>
<td>Courtney Amendola</td>
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<td>Central Palm Medical Group</td>
<td>Joshua Lide</td>
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<td>Davis Therapy</td>
<td>Haimanot Geleta</td>
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<td>FAU Athletic Training Room</td>
<td>Amanda Singleton</td>
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<td>FAU Athletic Training Room</td>
<td>Michala Nowak</td>
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<td>FAU Athletic Training Room</td>
<td>Priscilla Sapp</td>
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<td>FAU Athletic Training Room</td>
<td>Chad Dolan</td>
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<td>FAU Engineering</td>
<td>Bradford Day</td>
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<td>FAU Engineering</td>
<td>Erin Connolly</td>
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<td>Holy Cross Hospital</td>
<td>Amanda Pelco</td>
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<td>Institute of Human Performance</td>
<td>Martin Haider</td>
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<td>Institute of Human Performance</td>
<td>Ashley Gibson</td>
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<td>Jupiter Medical Center</td>
<td>Akash Patel</td>
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<td>Miami Project to Cure Paralysis</td>
<td>David McAlpine</td>
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<td>Motorola - Wellness Center</td>
<td>Gabrielle Adams</td>
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<td>Motorola - Wellness Center</td>
<td>Angelina Giust</td>
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<td>My Speed Trainer</td>
<td>Stacy-Ann Gaynor</td>
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<td>NSCA Performance Center</td>
<td>Ryan Colquhoun</td>
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<tr>
<td>Nova Southeastern University</td>
<td>Amanda Otero</td>
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<td>Palm Beach Institute of Sports Medicine</td>
<td>Kelsie Hoy</td>
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<td>Palm Beach Institute of Sports Medicine</td>
<td>Kimberly Wolf</td>
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<td>Plantation Spine &amp; Sports Rehab</td>
<td>Dorothy Huynh</td>
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<td>South Lake Hospital</td>
<td>Ashley Lantes</td>
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<td>YMCA</td>
<td>Widlin Dieujuste</td>
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<td>YMCA</td>
<td>Nicholas Becker</td>
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Effective as of January 7, 2013
MASTER'S DEGREE
Christopher Dorka
Joshua Gangaware
Jeffrey Hand
Kristin Jesse
Ryan Musille
Kristopher Rollason
Giuseppe Sacco
Markous Samaan
Scott Shiflet
Bethany Tomlinson

BACHELOR'S DEGREE
Brittany Adler
Katrina Alba
James Alboini
George Baez
Lydia Barahona
Caitlin Behr
Karyn Bishop
Erica Borows
Brittany Buran
Justin Carter
Rachel Crews
Kellie Cocks
Ashley Cuneo
Kari DeYoung
Fred Dural
Steven Eiland
Aisha Gary
Kelly Gill
Tisha Gittens
Caylyn Gonzalez
Rebecca Haynes
Beria Joseph
Richard Kerster
Amber Kirby
Jamie Larkin
Michael Lavelanet

GRADUATION FALL 2012

Kathleen Smart and her mother
Mrs. Smart.

Undergraduate student
Erica Borows.

Undergraduate student Megan Zimmerly with her parents,
Mr. and Mrs. Art Zimmerly.
Jeff Boulos, BSE, 2011, is a fitness coach at TERF Athletic Facility in Miami, where he resides.

Leo Rodriguez, MS, 2011, recently took a position at Keiser University, Fort Lauderdale, Florida, as an admissions counselor.

Seth Jordan, BSE, 2010, is a senior trainer at the Institute of Human Performance, Boca Raton, Florida.

Terence Ryan, MS, 2010, received the Outstanding Teaching Assistant Award (2012) at the University of Georgia where he is currently working on his Ph.D. in Kinesiology/Exercise Physiology. He is planning on a May 2013 graduation.

Brad DeForest, BS, 2009, is a graduate assistant at the University of Memphis, Department of Health and Sport Sciences.

Julien Fernandez, BSE, 2008, married May 2012. He is currently living in France.


Genevieve Cartier, BS, 2007, resides in Palm Beach Gardens, Florida. She is a kindergarten teacher at Benoist Farms Elementary School, West Palm Beach. She is also recently engaged to Joseph Garcia.

Ellen Crook, BS, 2007, completed her master’s degree in exercise physiology at Florida State University. She is currently the exercise physiologist at The High Intensity Training Center, Jacksonville, Florida.

Michael “Vinny” Varrato, MS, 2007, has accepted the head strength coach position at University of Texas-Pan American, in charge of fourteen sports. He was in strength and conditioning at the University of Tennessee working with Baseball, Men’s & Women’s Tennis, Men’s & Women’s Track & Field/Cross Country, Men’s Basketball, Men’s & Women’s Swimming, Rowing, and Cheerleading.
Kika Mela, BSE, 2006 owns Mela Therapeutics. She also works for Bommarito Performance Systems, as a consultant and provider of therapeutic massage in the Miami-Fort Lauderdale, Florida area.

Jill Vinci (Quinn), MS, 2005, and her husband, John, currently reside in Charlotte, North Carolina. They have one son.

Grif Fig, BSE, 2004, recently married Shana Borwegen. They live in Boca Raton, Florida. Grif is the Director of Trainer Education at the Institute of Human Performance and the head swim coach for Lynn University.

Jennah Dodge (Godo), MS, 2004, and her husband, Geoff, live in Topsham, Maine. They have two children. She is an Independent Associate and Member Team Northrup (USANA Health Sciences Inc.).

Jeff Petak, BSE, 2004, an educator, and has worked at the Broward County School Board, since graduation.

Joyce Evans (Moberg), BS, 2001, graduated from nursing school, December 2012. She is currently married to David Moberg and has twin five-year-old daughters, Faith and Hope.

Lauren Hasbrouck (Specht), BSE, 2001, lives in the Ocala, Florida area. She has worked at Met-Test LLC, as a medical sales representative, exercise physiologist, and cardiopulmonary exercise technician.

Marjorie Hishon, MS, 2000, still a flight attendant for American Airlines, currently based in Miami, FL.

Kristi Watson (Ricks), BSE, 1998, is employed at the University School of Nova Southeastern University. She and Damon have two sons.

Michelle Sirounis, MS, 1996, teaches physical education and health at Brevard Public Schools. She lives in Satellite Beach, Florida.
Florida Atlantic University
Exercise Science and Health Promotion Department
777 Glades Road, Field House 11
Boca Raton, Florida 33431
P: (561)-297-2938
F: (561)-297-2839
E-mail: ESHPinfo@fau.edu
Website: http://www.coe.fau.edu/eshp
Facebook page: www.facebook.com/pages/FAU-Department-of-Exercise-Science-and-Health-Promotion/343365107553

Designed and Edited by Alexandra Schoenmakers

"The ESHP Department promotes and integrates scientific research, education, and practical applications of exercise science and health promotion to maintain and enhance physical performance, fitness, health, and quality of life."