Welcome from the Department Chair

As most of you know, our program has continued to grow with more than 1200 undergraduate and 60 graduate students. With this growth has come a divergence of career interests as our undergraduate students seek post graduate study in physical therapy, occupational therapy, physician assistant, medicine and health promotion. Recently, five of our graduates of the MS degree program have been awarded PhD fellowships at prestigious universities around the country.

We are particularly pleased that one of our undergraduate students, Brandon Fico, was chosen as the College of Education Undergraduate Researcher for 2014. I would also like to recognize our faculty for their teaching and mentoring of student research. Finally, it has taken several years and hard work, but we have assembled two new laboratories, including exercise biochemistry and muscle physiology. We believe our exercise biochemistry laboratory is one of the best exercise science research facilities in the Southeast United States.

In closing, I would like to wish all our summer graduates continued success and congratulations. Please contact me, if you are on campus or have questions concerning our programs. We do want to keep in touch, not only with our current students, but with our alumni.

Billy Voltaire, FAU Alumnus, Working With the Denver Broncos

Former FAU Exercise Science and Health Promotion student, Billy Voltaire, BS, 2007, was afforded the opportunity to hold a season-long position with the Denver Broncos after completing a six-week summer internship with the team last summer. Voltaire currently holds the position of Seasonal Athletic Trainer and his responsibilities range from maintaining hydration of the athletes, stretching players, assisting with rehabilitation, stocking equipment, supplies, and Gatorade coolers. Voltaire has expressed that his experience as a Seasonal Athletic Trainer has been a great one; one that he would recommend to anyone looking to improve on time management, proactivity, and their overall craft.
Graduate Assistants, Summer 2015

Danielle Aromashodu
Miami, Florida
BS, Florida Atlantic University
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P.R. China
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BS, Florida Atlantic University
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BS, University of Vermont
athompson2015@fau.edu

Shannon Woehler
Fort Lauderdale, Florida
BS, Florida State University
swoehler@fau.edu

Ashley Zajdel
Muskego, Wisconsin
BS, University of Wisconsin, La Crosse
azajdel2014@fau.edu
Jenna Albert  
(M.S. '14)  
Recently accepted a position as the Fitness Director at Heritage Oaks Golf & Country Club located in Sarasota, Florida.

Manuela Loebig  
(M.S. '14)  
Has accepted a position as the Assistant Health Living Director with the YMCA.

Flavia Pereira (Melo)  
(M.S. Education, '11)  
Is a personal trainer at Ballenisles Country Club, Palm Beach Gardens, Florida.

Kristen Bell (Robles)  
(B.S.E. '06)  
Has her Doctor of Physical Therapy degree and is currently working at Cora Rehabilitation.

Adam Dunham  
(B.S. Education '06)  
Is a Sports Performance Coach at the PGA Golf Center for Learning and Performance, Port St. Lucie, FL.

Reed Phinisey  
(B.S.E. '01)  
Completed his MS at the University of Nebraska—Lincoln. He was at the University of Washington in Seattle. His new position is at UC-Davis, Recreation.
Exercise Science and Health Promotion

Graduate Students

March 2015
Justin Quiles’ Thesis Proposal on Temporal Response of Brain-Derived Neurotrophic Factor and Interleukin-6 to High and low Repetition Resistance Training Programs.

April 2015
All graduate students completed and passed their Comprehensive Exams! Left to Right (top row): Corina DeChiara, Graham Wilbert, Eric Capell, Dr. Zoeller, Paul Burrows, Kirk Roberson, Tammy Svoboda, (bottom row): Brittany McGregor, Ashley Kristiansen, Betsy Stallworth, Matt Montroy, Erin Connolly.

January 2015
May 2015
Brandon Fico was selected as the College of Education’s 2014–2015 undergraduate Researcher of the Year.

April 2015
Zac Bemmel accept a GA Position at the University of Toledo (Ohio), starting Fall 2015.

May 2015
Calvin Jones will start his master’s in Public Health at the University of North Florida, Fall 2015.

April 2015
Undergraduate students in Practicum. (Left to right): Emma Isaac, Nicole Montoya, Gabriella Bol- logna, and Heather Shannon.
Tactical Strength and Conditioning (TSAC) is a new elective that was offered for the first time in Spring 2015. The class is one of the first in the country that addresses this subject, as the need for strength and conditioning professionals in this field is finally being recognized.

In 2012, the National Strength and Conditioning Association created their new Tactical Strength and Conditioning Facilitator certification, which is available to all students in the FAU ESHP program. The point of this class is to take existing knowledge in strength and conditioning and adapt it to the extreme needs of the tactical population. Some of the subjects covered in the class include: coaching the tactical operator, understanding the tactical mindset, the physiology of stress, combative arts, tactical group exercise leadership, tactical fitness testing, and periodization for the tactical operator.

Students interested in this elective should contact Mr. Boerum (cboerum@fau.edu) for details regarding the class and possible post-graduation job opportunities. Course will be offered in the Fall, M/W, 4:00-5:20.
FACULTY NEWS AND PUBLICATIONS

(Back row), Anita D’Angelo-Herold, Dr. Chun-Jung Huang, Coach Ian Pyka, Dr. Don Torok, Dr. Robert Zoeller, Chris Boerum; (Front row), Michelle Papania, Dr. Sue Graves, Dr. Michael Whitehurst, College of Education Dean Valerie Bristor, Dr. Elise Eifert.

Publications


Technology Fee Awards

Dr. Zourdos, Innovation in Muscle Physiology Analysis, awarded $35,000.

Dr. Hall, EEG and EMG Utilized for the Study of Stress and Human Behavior, $12,500.

Dr. Graves, Neuromuscular and concussion technology upgrade for the Exercise Science Performance Lab, $172,235.
Arun Maharaj

Presentation on Fibroblast Growth Factor 21 Expression and Insulin Resistance to Acute Aerobic Exercise in Obese Individuals, SEACSM Regional Award Winner.
National ACSM Presentations


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<th>Name</th>
<th>Company/Center</th>
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<tr>
<td>Brown, Alison</td>
<td>Advanced Healthcare</td>
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<td>Hanneman, Daniel</td>
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<td>Jones, Calvin</td>
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<td>Holy Cross Hospital</td>
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Abel, Travis  Impact Sports Performance
Gershon, Jeffrey  Impact Sports Performance
Torres, Mathew  Impact Sports Performance
Zaladin, Arif  Impact Sports Performance
Cortese, Marissa  Keystone Physical Therapy
Price, Jesse  Levis Jewish Community Center
Dowling, Tyler  Memorial Healthcare System
Morgan, Rohan  Memorial Healthcare System
Mayhew, Chelsea  Midtown Athletic Club
Wirta, Austin  Miller Coors Wellness
Roark, Jessica  Coconut Creek Fitness
Burton, Andrew  Northeast Sports Training Rehab
Robinson, Antoine  Nova Southeastern University

Connor, Chelsea  Orthopedic Surgery Associates
Schafer, Megan  Palm Beach County Parks & Rec
Howell, Sarah  Palm Beach Institute of Sports Med
Rogozinski, Danielle  Palm Beach Institute of Sports Med
Rocklein, Tyler  Physiotherapy Associates
Bailey, Rohmoya  Plantation Medical Rehab & Wellness
Vargas, Ernest  Plantation Medical Rehab & Wellness
Shannon, Heather  Plantation Medical Rehab & Wellness
McKenna, Kristin  Sports Ortho LLC
Castiglia, Gina  St. Andrews Country Club
Duerto, Kita  Tropical Chiropractic & Wellness
Singer, Troy  Tropical Chiropractic & Wellness
DeZeeuw, Nicole  Weston Rehab & Wellness
Gaier, Allyson  YMCA Boca Raton

Anthony Lobervero outside of his Spring 2015 internship site, Cora Rehabilitation Clinics, Boca Raton.
Graduation, Spring 2015

Undergraduates

Bachelor of Science

Amedy, Richard
Anascavage, Jessica
Bhame, Camerin Beatrice
Borrero, Jeffrey
Cancel, Michelle
Diaz, Eric Jay
Fico, Brandon G.
Limpabandh, Nicole E.
Loaiza, Juan E.
Londono, Alejandro
Maharaj, Anita Krystal
Mesa-Velasquez, Andrea
Milstead, Christian Leron
Murray, Tara Amanda
O’Brien, Kayla
O’Neill, Cheyenne Lalainya
Perez, Michael Ashton
Rifflard, Kathleen A.
Rodriquez, Michele Alicia
Rodriquez, Zoe Meyer
Salser, Amanda M.

Shell, Lindsey K.
Suarez, Jessica
Weidner, Ashley Nicole
Williams, Brian James
Zarate, Silvio Junior

Undergraduates

Bachelor of Science in Education

Anderson, Nevon Andre
Arango, Vanessa
Balbier, Alicia Michelle
Biernstein, Sunni T.
Blalock, Kalei Marie
Book, Nicholas Spencer
Borden, Nicole Rachelle
Caro, Odalys
Gauss, Jennifer Nancy
Colachicco, Anthony David
Davis, Alexandra Marie
Disney, Jordan A.
Dubuque, Robert Fairbanks
Estezvez, Tamara
Gueye, Hajj

Hixon, Aaron Lee
Claude, Roberson Jean
Johnson, Erica Michelle
Koch, Allison Leigh
Lane II, Ronnie Lee
Leonard III, Vincent
Lobevero, Anthony Richard
Merzius, Glenn
Meyers, Brendan Joseph
Montoya, Juan David
Oberlander, Ryan Michael
O’Farrill, Kristin Nicole
Paige, Croswell E.
Pelz, Shelby
Polk, Chelsey E’Lon
Poole, Jeffrey Lawrence
Powell, Trineice Charmaine
Ryan, Michael F.
Stine, Justin Daniel
Vouthouris, Noelle Kristen
Waters, Troy Garret
Wong, Vickie
Graduate Program

Master of Science

Alexander, Donna Gagyi
Burrows, Jr., Paul A.
Capell, Eric Michael
Connolly, Erin Elizabeth
Evans, Joshua Aaron
Kristiansen, Ashley Elisabeth
Malone, Evan
McGregor, Brittany Letitia
Montroy, Matthew Joel
Navarro, Corina Lee
Pittinger, Elizabeth Smith
Recktenwald, Joseph George
Roberson, Kirk Bennett
Schweber, Tara N.
Stallworth, Betsy E.
Svoboda, Tammy Sue
Wilbert, Graham

Master’s students, left to right, Matt Montroy, Brittany McGregor, Tammy Svoboda, Elizabeth Smith Pittinger, and Kirk Roberson. Matt is continuing with his personal training business. Brittany will be the Assistant Director of Sport Clubs and Special Events at the University of Illinois—Champaign, starting July 1. Tammy is teaching yoga and personal training. Liz is moving to Minnesota, after completing her thesis project, Does substrate utilization during exercise vary between oophorectomized “previvors” and age-matched premenopausal women? Kirk has been accepted to the Ph.D. program at the University of Miami.

Master’s student, Tammy Svoboda, on graduation day
"The ESHP Department promotes and integrates scientific research, education, and practical applications of exercise science and health promotion to maintain and enhance physical performance, fitness, health, and quality of life."