Welcome from the Department Chair

Most of the faculty attended the American College of Sports Medicine’s (ACSM) national meeting in Boston (May 31-June 4). Aside from presenting our research, we were there to support three of our undergraduate students (see photos/names below) who represented our department in ACSM’s national academic challenge where students answer physiology type questions in a Jeopardy-type format. Importantly, Alexandra, Gabriel and Bryan placed first in the Southeast Regional ACSM in order to compete at the national level. When it was over, our team placed 5th out of 12 schools. It goes without saying that we are incredibly proud of our students. Moreover, these students represent an academic program that’s garnered national accolades and who are part of a growing number of ESHP undergraduate students interested in laboratory based research.

The College of Education recently hosted an awards ceremony that highlighted undergraduate and graduate student research. The ESHP winners for undergraduate and graduate student research were Gabriel Pena and Jacob Goldsmith, respectively. Both Gabriel and Jacob have participated in animal and human research spanning molecular mechanisms associated with exercise to applied exercise physiology experiments testing the boundaries of human strength development. These awards represent excellence in research equaled only by the incredible mentoring provided by ESHP faculty. As the fourth largest undergraduate degree program at FAU, ESHP academic programs and research are gaining notoriety within and outside the university.

We are proud to announce that we have hired Laura Canteri as an instructor in ESHP. Ms. Canteri, who completed her MS degree in ESHP at FAU, will teach in the undergraduate program and assume administrative duties as well. Additionally, we have hired Dr. Andy Khamoui as an assistant professor of exercise biochemistry. Dr. Khamoui is finishing a year of post-doctoral studies at the UCLA Medical Center following his PhD work at Florida State University. Dr. Khamoui will teach in both the undergraduate and graduate programs and conduct animal research including studying molecular mechanisms associated with muscle wasting in at risk groups (e.g., elderly, cancer patients).

The ESHP department has made great strides both programmatically and in terms of the type and quality of our research. Stay in touch and feel free to contact me at any time.

Anita D’Angelo-Herold has dedicated many years to our program, particularly in the practicum course. Her ability to connect with students and enthusiasm every morning has been such a blessing to have on our staff. She worked diligently in all of her classes, conducted research, and was very enthusiastic. Thank you, Anita, for all of your hard work and good luck on your future endeavors. We all wish you the best during your retirement.
(Back row): Adam Sayih, Jonathan Dobson, Jake Goldsmith, Bobby Varieur
(Middle row): Arun Maharaj, Peter Ferrandi, Dr. Zoeller, Dan Cooke, Brandon Fico
(Kneeling/ Sitting): Jared Perlmutter, Lauren Smith, Ryan Byrnes, Gabriel Pena, Tasha Harper

New Graduate Assistants, Summer 2016

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University of Vermont

Bobby Varieur, BS
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Manhattan College
rvarieur2015@fau.edu
Former Students Working On M.S. Degrees

Jared Perlmutter, BS, 2016, Florida Atlantic University
Gabriel Pena, BS 2016, Florida Atlantic University
Brandon Fico, BS 2015, Florida Atlantic University
Ryan Byrnes, BSE 2015, Florida Atlantic University
Arun Maharaj, BS 2014, Florida Atlantic University

Former Students Working On Ph.D. Degrees

Rocky Blanco, M.S. 2015: University of Wisconsin
Chad Dolan, M.S. 2015: University of Houston
Justin Quiles, M.S. 2015: University of Alabama, Birmingham
Kirk Roberson, M.S. 2015: University of Miami
Thomas Mock, M.S. 2014: University of North Texas Health Science Center
Aaron Slusher, M.S. 2014: Virginia Commonwealth
Sam Buckner, M.S. 2013: University of Mississippi
Ryan Colquhoun, B.S.E. 2013: Oklahoma State University
Keith Brazendale, M.S. 2013: University of South Carolina
Alex Klemp, M.S. 2013: Florida State University
Stephanie Kurti, M.S. 2011: Kansas State University
Alfred Morris, ESHP, BSE, 2012, is currently a running back for the Dallas Cowboys Football team.

Eric Capell, MS, ATC, Assistant Athletic Trainer at the University of Arizona, February 2016 to present, from the NY Jets.

Vickie Wong, BSE, 2015, has been accepted into the University of South Florida’s Exercise Science program, Fall 2016.

Kate Christian, BSE, 2012, is working on her master’s degree at the University of Oregon’s Human Physiology Graduate Program. She is totally fund-

Shirley Rojas, MS, 2011, visited our campus this past spring. She is with Arun Maharaj, one of our current MS students. She is teaching courses at Keiser University.
Mr. Chris Boerum will receive his M.B.A. from FAU in August. He completed his M.S. in Exercise Science and Health Promotion from our department in 2010. After his graduation, Mr. Boerum was a Broward County Public School teacher for a year, then taught as a visiting instructor for us. He was hired full time in August 2012. He created the Tactical Strength and Conditioning course, plus taught Advanced Methods of Strength and Conditioning, among other courses for our major. We want to congratulate him on received this M.B.A. He is also starting on his doctorate this fall. Good luck, Mr. Boerum!
Dr. Robert Zoeller, Professor, Exercise Science and Health Promotion Department, congratulates Jake Goldsmith (left) on receiving his top ESHP graduate student award at the College of Education ceremonies, May 2016. Gabe Pena received the top undergraduate ESHP student of the year award (right).

Congratulations to Jake, Jared, and Gabe on your successful research this year!

Jacob Perlmutter received an award for the top undergraduate research student in the FAU College of Education.
Master's Thesis presentation by Arun Maharaj with Dr. Whitehurst, Dr. Huang, and Dr. Zourdos, Spring 2016.

Master's Thesis presentation by Jake Goldsmith with Dr. Whitehurst, Dr. Zoeller, and Dr. Zourdos, Spring 2016.
**Exercise Science and Health Promotion**

**Undergraduate Students**

**David Thompson** presenting a poster, Levels of involvement in Greek organizations: A comparable study of alcohol use of students attending a four year institution, 30th Annual National Conference on Undergraduate Education, April 8, 2016, University of North Carolina—Asheville. David also was one of the College of Education’s Scholarship Recipients, May 2016.

Dr. Graves’ Management Principles class, Spring 2016, performing mock job interviews to prepare them for job opportunities in the future.

Left to right: Sabina Belizaire, Jasmine Sparks, Kristen Barani, Frank Gonzalez, Barry Jacobson, Cody Brooks, Wesley Burnside, Andrew Pfeifer, Amanda Moench, Dan Sarfati, Albert Nieves, and Kenneth Reilly.
On the left: FAU students and faculty at the SEACSM Graduate fair! Hoot Hoot! Go Owls!

Below: Dr. Bill Kraemer, Professor, Ohio State University, Keynote lecturer, speaking with students.

Below: FAU undergraduate students, First place in the student scholar bowl. Our team represented the Southeast region at the national ASCM meeting. In May

On the left: Undergraduate and graduate students exploring Greenville, SC after the conference.
On the left: FAU’s Student Scholar Bowl team who won their way to the national ACSM conference to represent the Southeast Region. They placed fifth overall in the competition.

FAU graduate, Sam Buckner, with ASCM President, Elizabeth Joy, M.D. of Intermountain Healthcare. Sam is currently working on his Ph.D. at the University of Mississippi.

FAU Faculty and students throwing up the owl in Boston!

Back row: Dr. Whitehurst, Kristin Mendez, Jessica Halle, Gabe Pena, Lexi Rodriguez, Bryan Rodriguez, Dr. Huang, Brandon Fico

Front: Dr. Torok, Dr. Graves, Eyessky Sanabria, Arun Maharaj, Jake Goldsmith, and Katie Dodge.
Make sure to check out the ESHP Club Facebook page for updates and upcoming events!

Any questions, please contact the ESHP Club president at ckarch2012@fau.edu


Faculty News and Publications

Presentations

NATIONAL ABSTRACT PRESENTED: ACSM


NATIONAL ABSTRACT ACCEPTED: FNCE

<table>
<thead>
<tr>
<th>Intern</th>
<th>Company/Institution</th>
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<tbody>
<tr>
<td>Jacob Mabie</td>
<td>Alliance Health &amp; Injury Center</td>
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<tr>
<td>Kathryn Cermak</td>
<td>Alliance Health &amp; Injury Center</td>
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<td>Oriel Matilsky</td>
<td>Adolph &amp; Rose Levis JCC</td>
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<td>Jasmine Spence</td>
<td>Advanced Healthcare</td>
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<td>Sabina Belizaire</td>
<td>Boca Babes OBGYN</td>
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<tr>
<td>Maria Gamboa</td>
<td>Boca Raton Orthopedic Group</td>
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<td>Shirley Lynch</td>
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<td>Samantha Greenberg</td>
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<tr>
<td>Amanda King</td>
<td>Boca Trauma &amp; Rehabilitation</td>
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<td>Samantha Mueller</td>
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<td>Gabriella Sosa</td>
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<td>Amber Reichel</td>
<td>Boca Trauma &amp; Rehabilitation</td>
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<td>Krista Ali</td>
<td>Boca Raton Regional Hospital</td>
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<td>Matthew Joyce</td>
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<td>Andrew Pfeifer</td>
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<td>Christopher Lyles</td>
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<td>Allyce Peyton</td>
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<td>Brandon Rhodes</td>
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<td>Gabriela Mori</td>
<td>City of Coconut Creek Parks &amp; Rec</td>
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<td>Sten Schroeder</td>
<td>City of Coconut Creek Parks &amp; Rec</td>
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<td>Delima, Luisa</td>
<td>CORA Health Rehabilitation</td>
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<td>Moghadam, Mina</td>
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<td>Jason Gothelf</td>
<td>David Posnack JCC</td>
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<td>Greg Joseph</td>
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<td>Walkens Seraphin</td>
<td>Davis Therapy Center</td>
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<td>Heather Haynes</td>
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<td>Carlos Pizzino</td>
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<td>Chloe Sell</td>
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<td>Jose Rodriguez</td>
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<tr>
<td>David Abella</td>
<td>FAU Strength &amp; Conditioning</td>
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<tr>
<td>Trevor Johnson</td>
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<tr>
<td>Bianca Vito</td>
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<td>Jonathan Perry</td>
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<tr>
<td>Name</td>
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<tr>
<td>Joshua Matthews</td>
<td>Gravity &amp; Oxygen Fitness</td>
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<td>Frank Gonzalez</td>
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<td>Nicole Blankfield</td>
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<td>Annmarie Giacobbe</td>
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<td>Nathan Pearson</td>
<td>Impact Sports Performance</td>
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<td>Kenneth Reilly</td>
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<td>Braylen Toney</td>
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<td>Carlton Colbert</td>
<td>Jupiter Medical Center</td>
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<td>Wesley Burnside</td>
<td>Life of Purpose</td>
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<td>Shelaina Bloukos</td>
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<td>Amelia Flores</td>
<td>Memorial Healthcare System</td>
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<td>Bria Campbell</td>
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<td>Fernando Cruz</td>
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<td>Quoc-Hung Tran</td>
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<td>Anthony Petrella</td>
<td>Mizner Country Club</td>
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<td>Bradley Elred</td>
<td>Next Era Energy</td>
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<td>Todra Norris</td>
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<td>Jennifer Eboli</td>
<td>Orthopedic Surgery Associates</td>
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<td>Brittany Lilly</td>
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<td>Brazil Lockhart</td>
<td>Physiotherapy Associates</td>
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<td>Teeka Hall</td>
<td>Plantation Medical Rehab &amp; Wellness</td>
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<td>Ryan Lyew</td>
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<tr>
<td>Stephanie Iori</td>
<td>Premier Therapy Solutions</td>
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<td>James Mungai</td>
<td>Sports Ortho LLC</td>
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<tr>
<td>Ashley Parrish</td>
<td>Weston Rehab &amp; Wellness</td>
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<tr>
<td>Bryan David</td>
<td>Weston Rehab &amp; Wellness</td>
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<tr>
<td>Christopher Villard</td>
<td>YMCA Boca Raton</td>
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<tr>
<td>Norkeria Scott</td>
<td>YMCA Boynton Beach</td>
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</table>

Graduate Program

Master of Science
Danielle A. Aromashodu
Cydney Marie Goodwin
Kristin Michelle Mendez
Michael Josep Sole
Lindsey Michelle Swann
Devin Thomas Wyss
Katelyn Marie Yeakle

Undergraduate Program

Bachelor of Science
Geoffrey Bangley
Alexander Carrillo
Luisa Delima
Katelyn Marie Dodge
Claire Emslie
Kelly G. Entwistle
Andrea Lynn Galinis
Morgan William Humphrey
Kathryn Lee Hunt

Bachelor of Science in Education

Oday Abad
Karina Andrea Alarcon
Michael Brian Argott Jr.
Brooke Elizabeth Bailey
Amber-Veta Tiffany Ball

Guiseppe Costanzo Barioli
Micaela Abigail Bell
Calre Kathleen Brinkman
Kayla E. Burke
Kathleen Ann Casey
Stephen D. Chase
Taquannda Latrece Clark
Denis Derbenov
Marsha Elaine Dixon
Gustavo Lima Felipe
Ketly Francois
Christian Jack Greenough
Kyle Ryan Harrington
Dana Lindsey Hoffman
Nicole Marie Jamison
Abigail Jean-Claude
Catalina Keeffe
Peter Robert Larson
Mallory Alysa Lindsay
Chad Michael Luvison
Tianna A. Malfetti
Iveliz Martinez
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Maria Mazzurco
Mina S. Moghadam
Ibrahim Nasser
Albert Nieves Jr.
Nichole Elise Parker
Habelardo Ever Pascual
Jared Harrison Perlmutter
Amthony Santoriello Jr.
Giovannia Franesca Simon
Sharae Simone Sturgies
Barrissa Patrice Taylor
Kelley J. Thune
Jose Carlos Velazquez
Rachel Alexandra Wetzel
Jenna Alexandra Whitlach
Allison M. Williams
Shemeika Ebonie Elaine Wright
Tiffany Paige Zaccardo

Steven Orris, BS, 2000, Received the Master Strength and Conditioning Coach award, the highest honor given by the Collegiate Strength and conditioning Coaches association (CSCCa). He is currently the Director of Sports Performance at Nova Southeastern University in Davie, Florida.

Coach Orris began his professional career at the University of Florida, as an assistant strength and conditioning coach, where he worked with football, baseball, softball, and women’s basketball teams. He also completed internships with the Miami Dolphins and Houston Astros.
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"The ESHP Department promotes and integrates scientific research, education, and practical applications of exercise science and health promotion to maintain and enhance physical performance, fitness, health, and quality of life."