

Florida Atlantic University
College of Education
Department of Counselor Education

The following is a list of required textbooks for the courses offered by the Department of Counselor Education. Students should consult the course syllabus for additional recommended textbooks and/or materials.

Course number	Course Title	Required Text
<i>Undergraduate Courses</i>		
RCS 2032	Introduction to Rehabilitation Services	Andrews, J.D. & Faubion, C. W. (2002) <i>Rehabilitation Services: An Introduction for the Human Services Professional</i> , Osage Beach: Aspen Professional Services.
<i>Graduate Courses</i>		
MHS 5005	Processes in Counseling	Sperry, L., Carlson, J., & Kjos, D. (2003). <i>Becoming an effective therapist</i> . Boston, MA: Pearson Education, Inc. Mozdzierz, G., Peluso, P. R. & Lisiecki, J. (2009). <i>Principles of Counseling and Psychotherapy: Learning the Essential Domains and Nonlinear Thinking of Master Practitioners</i> . New York: Routledge.
MHS 5422	Play Techniques for Counseling and Adolescents	Kaduson, H., & Schaefer, C., Eds. (2003). <i>101 more favorite play therapy techniques</i> . Northvale, NJ: Jason Aronson, Inc.
MHS 5428	Counseling Special Needs Populations	Lee, W.L., Blando, J.A., Mizelle, N.D., & Orozco, G.L. (2007). <i>Introduction to multicultural counseling for helping professionals (2nd ed.)</i> . New York, NY: Routledge. Pederson, P. and Carey, J.C. (2003). <i>Multicultural Counseling in Schools</i> . Boston: Allyn and Bacon. (Required for Dr. Nicoll's course) Ponterotto, J.G., Utsey, S.O. and Pedersen, P.B. (2006). <i>Preventing prejudice: A guide for counselors, educators, and parents</i> . Thousand Oaks, CA: Sage

		Publications. Schmidt, J. (2006) Social and Cultural foundations of counseling and human services. Boston: Allyn & Bacon (required for Dr. Nicoll's course)
MHS 5930	Special Topics: Grief	Kastenbaum, R. (2000). <i>Death, Society and Human Experience</i> , 7 th Ed. Boston, MA: Allyn & Bacon. Worden, J.W. (2001). <i>Grief Counseling and Grief Therapy</i> ” 3 rd Edition, New York, NY: Springer Publishing Co. Cammarata, D. (2001). <i>Someone I Love Died By Suicide</i> . Grief Guidance, Inc.
MHS 5930	Special Topics: Integrating Technology into School Counseling	Dimmitt, C. L., Carey, J.C. & Hatch, P.A. (2007). <i>Evidence-based school counseling: Making a difference with data-driven practices</i> . Thousand Oaks, CA: Corwin Press.
MHS 6070	Psychopathology in Counseling	American Psychiatric Association (2000). <i>Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition, Text Revision</i> . Washington, DC: American Psychiatric Press. Driscoll, K. et al. (2004). <i>Simple Treatment for Complex Problems</i> . Mahweh, NJ:LEA. Sperry, L. (2003). <i>Handbook of the Diagnosis and Treatment of DSM-IV-TR Personality Disorders, Second Edition</i> . New York: Brunner/Routledge.
MHS 6220	Appraisal and Evaluation in Counseling	Aiken, L.R., & Groth-Marnat, G. (2006). <i>Psychological Testing and Assessment</i> (12 th Edition). Boston, MA: Allyn & Bacon.
MHS 6340	Career Development	American Psychological Association (2001). <i>Publication manual of the American Psychological Association</i> (5 th Ed.). Washington, DC: Author. Brown, D. (2007). <i>Career information, career counseling, and career development</i> (9 th Ed.) Boston, MA: Pearson Education, Inc.
MHS 6401	Counseling Theories and Techniques	Sperry, L., Carlson, J. & Kjos, D. (2003). <i>Becoming an effective therapist</i> . Boston: Allyn & Bacon.

		<p>Rochlen, Applying Counseling Theories, 1st edition, Taylor 0-800584643-3.</p> <p>Driscoll, Simple Treatment for Complex Problem, 1st edition, Taylor, 0-8-0584643-3</p>
MHS 6421	Counseling Children	<p>Brigman, G., Campbell, C. & Webb, L. (2006). <i>Student Success Skills: Group Manual</i>. Boca Raton, FL: Atlantic Consultants.</p> <p>Brigman, G. & Early-Goodman, B. (2008). Group counseling for school counselors, 3rd ed.. Portland, ME: J. Weston Walch, Publishers.</p> <p>Vernon, A. (2004). <i>Counseling children & adolescents</i>, 3rd ed. Denver, CO: Love Publishing Co.</p>
MHS 6423	Counseling Adolescents	<p>Brigman, G., Campbell, C. & Webb, L. (2008). <i>Student Success Skills: Classroom Manual</i>. Boca Raton, FL: Atlantic Consultants.</p> <p>Shelton, C. & James, E. (2005). Best Practices for Effective Secondary School Counseling. Thousand Oaks, CA: Corwin Press.</p> <p>Vernon, A. (2004). <i>Counseling children & adolescents</i>, 3rd ed. Denver, CO: Love Publishing Co.</p>
MHS 6430	Family Counseling	<p>Sperry L., Carlson, J. & Peluso, P. R. (2006). <i>Couples Therapy: Integrating Theory, Research, & Practice (2nd Ed.)</i>. Denver, CO.: Love Publishers.</p> <p><u>For Dr. Nicoll's course:</u> Bitter, J.R.(2008). Theory and Practice of Family Therapy and Counseling: Brooks/Cole.</p>
MHS 6450	Substance Abuse Counseling	<p>Knapp, C. (1997). <i>Drinking: A Love Story</i>. New York: Delta.</p> <p>Stevens, P. & Smith, R.L., Substance Abuse Counseling Theory & Practice, 4th Edition, 2009, 978-0-113-240903. Upper Saddle River, MJ: Pearson Education</p>
MHS 6470	Counseling and Human Sexuality	<p>Long, L.L, Burnett, J.A. & Thomas, R.V. (2006). Sexuality Counseling: An integrative approach. Upper Saddle River, NJ: Pearson Merrill Prentice-Hall.</p>

MHS 6482	Life Span Development	Berk, L.E. (2007). <i>Development through the lifespan</i> (4 th ed.). Boston: Allyn & Bacon
MHS 6510	Group Counseling	Gladding, S.T. (2008). <i>Groups: A Counseling Speciality</i> (5 th Ed.). Englewood Cliffs, NJ: Prentice Hall. Sonstegard, M.A. & Bitter, J.R. (2004). <i>Adlerian group counseling: Step by Step</i> . New York: Brunner-Routledge.
MHS 6600	Consultation and Behavior Management	Albert, L. (2003). <i>Cooperative Discipline</i> . Circle Pines, MN: American Guidance Services. Brigman, G., Mullis, F., Webb, L. and White, J. (2005). <i>School Counselor Consultation: developing skills for working effectively with parents, teachers and other school personnel</i> . Hoboken, NJ: John Wiley & Sons, Inc.
MHS 6700	Legal, Ethical, and Professional Issues in Counseling	Sperry, L. (2006). <i>The Ethical and professional practice of counseling and psychotherapy</i> . Boston: Allyn & Bacon (pre-publication edition available in class) Behnke, S.H., Winick, B.J., The Essentials of Florida Mental Health Law, 2000, Norton W.W. & Co. 97-8039370309-2 (For Dr. Nicoll's Class)
MHS 6701	Issues in Mental Health Counseling Practice	Lock, D. C., Myers, J. E., & Herr, E. L. (2001). <i>The Handbook of Counseling</i> . Thousand Oaks, CA, Sage Publications. A Self-Selected Text from topics provided in first class session (instructor approval required) American Psychological Association. (2001). <i>Publication manual of the American Psychological Association</i> (5th ed.). Washington, DC: Author.

MHS 6800	Practicum in Counseling	Mental Health - American Psychiatric Association (2000). <i>Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition, Text Revision</i> . Washington, DC: American Psychiatric Press.
		Rehab Counseling – No textbook required
		School Counseling – No textbook required
MHS 6801	Advanced Practicum in Counseling	Driscoll, Simple Treatments for Complex Problems, 4 TH Ed., Taylor, 978-080584643-0
		Levenson, Time Limited Dynamic Psychotherapy, 1 st Ed., Basic Books, 0-465-08651-9
		Arkowitz, et al. Motivational Interviewing in Treatment of Psychological Problems, 1 st , 1593855850.
MHS 6830	Internship Mental Health Counseling	Mozdzierz, G., Peluso, P. R. & Lisiecki, J. (2009). Principles of Counseling and Psychotherapy: Learning the Essential Domains and Nonlinear Thinking of Master Practitioners. New York: Routledge.
MHS 6905	Directed Independent Study	No textbook required
MHS 6930	Professional Seminar	No textbook required
MHS 7222	Appraisal of Children, Adults, Couples, and Families	Hood, A. & Johnson, R. (2002). <i>Assessment in Counseling: A Guide to the Use of Psychological Assessment Procedures</i> , Third Edition. Alexandria, VA: American Counseling Association.
		Sperry, L. (2004). <i>Assessment of Couples and Families: Contemporary and Cutting Edge Strategies</i> . New York: Brunner-Routledge.
MHS 7402	Adv. Counseling Theories: Brief Therapies	Carlson, J. & Sperry, L. (2000). <i>Brief therapy with individuals and couples</i> . Phoenix, AZ: Zeig, Tucker, and Theisen
MHS 7406	Optimal Human Functioning and Development in Counseling	Keyes, C. & Haidt, J. (2003). <i>Flourishing: Positive Psychology and the Life Well-Lived</i> . Washington, DC: American Psychological Association Books
		Walsh, W. (2003). <i>Counseling Psychology and Optimal Human Functioning</i> . Mahwah, NJ: Lawrence Erlbaum Associates

MHS 7407	Psychotherapy and Illness	<p>Harper, R. (2004). <i>Personality-guided therapy in behavioral medicine</i>. Washington, DC: American Psychological Association (APA Books)</p> <p>Sperry, L. (2006). <i>Psychotherapy with chronic illness: A biopsychosocial therapy approach</i>. Washington, DC: American Psychological Association (APA Books)</p>
MHS 7424	Counseling Interventions with Children and Adolescents	<p>O'Connor, Kevin, J. & Schaefer, C. (Eds) (1994). <i>Handbook of play therapy: Advances and innovations</i>, vol.2. NY: Wiley, John & Sons, Inc.</p> <p>Prout, H. & Brown, D. (Eds.) (1998). <i>Counseling and psychotherapy with children and adolescents: Theory and practice for school and clinical settings</i>. NY: Wiley</p>
MHS 7429	Multicultural, Spiritual, and Professional Issues in Counseling	<p>Locke, D.C., Myers, J.E., & Herr, W.L. (2001). <i>The Handbook of Counseling</i>. Thousand Oaks, CA: Sage Publications.</p> <p>ACA Encyclopedia of Counseling. Alexandria, VA: American Counseling Association.</p>
MHS 7431	Theory, Research, and Interventions with Couples, Families	<p>Carlson, J. & Sperry, L. (Eds.). (1999). <i>The intimate couple</i>. New York: Brunner/Mazel.</p> <p>Dattilio, F. & Bevilacqua, L. (Eds.) (2000). <i>Comparative Treatments for Relationship Dysfunction</i>. New York: Springer.</p> <p>Harvey, J. & Wenzel, A. (Eds.) (2002). <i>A Clinician's Guide to Maintaining and Enhancing Close Relationships</i>. Mahwah, NJ: Lawrence Erlbaum & Associates.</p>
MHS 7512	Advanced Group Counseling	<p>Chen, M. & Rybak, C. (2003). <i>Group leadership skill: Interpersonal process in group counseling and therapy</i>. Belmont, CA: Wadsworth</p> <p>Jacobs, E., Masson, R. & Harvell, R. (2003) <i>Group counseling: Strategies and skills</i>, Fourth edition. Belmont, CA: Wadsworth</p>

MHS 7606	Consultation and Leadership in Counseling	<p>Sperry, L. (2002). <i>Effective leadership: Strategies for maximizing productivity and health</i>. New York: Brunner-Routledge. Recommended book</p> <p>Sperry, L. (2005). <i>Executive Coaching</i>. New York, NY: Routledge.</p> <p>Bast, Out of the Box: Coaching w/enneagram, 5th ed., Nascorp S, 978-0-9-7631590-2</p> <p>Sharpiro, Corporate Confidential, 5TH Ed., MPS, 978-0-3-1233736-0.</p>
MHS 7608	Consultation in School and Community	<p>Posavac, El, and Carey, R. (2003). <i>Program Evaluation: Methods and case studies. Sixth edition</i>. Upper Saddle River, NJ: Prentice Hall</p> <p>Addiction Technology Transfer Center (2002). <i>The Change Book: A Blueprint for Technology Transfer</i>, Kansas City, MO: Author</p>
MHS 7611	Advanced Supervision in Counseling	<p>Falender, C. & Shafranske, E. (2005) <i>Clinical supervision: A competency based approach</i> Washington, DC: APA Books</p> <p>Bain, K. (2004) <i>What the best college teachers do?</i> Boston: Harvard University Press</p> <p>ACA Encyclopedia of Counseling. Alexandria, VA: American Counseling Association.</p>
MHS 7714	Outcomes Assessment and Evaluation in Counseling	<p>Hood, A. B. & Johnson, R. W. (2007). <i>Assessment in counseling: A guide to the use of psychological assessment procedures</i>. Alexandria, VA: ACA</p>
MHS 7730	Advanced Research in Counseling	<p>Pan, M. L. (2008). <i>Preparing literature reviews: Qualitative and quantitative approaches (3rd ed)</i>. Glendale, CA: Pyczak Publishing</p>
MHS 7905	Directed Independent Study	<p>No textbook required</p>
MHS 7930	Special Topics: Adlerian Theory and Practice	<p>Carlson, J., Watts, R. E., & Maniaci, M. (2006). <i>Adlerian therapy: Theory and practice</i>. Washington, DC: American Psychological Association.</p> <p>Slavik, S. & Carlson, J. (2006) <i>Readings in the Theory of Individual Psychology</i>. New York: Routledge.</p>

MHS 7940	Practicum in Supervision	Ladany, N., Friedlander, M. & Nelson, M. (2005). <i>Critical events in psychotherapy supervision: An interpersonal approach</i> . Washington, DC: APA Books Falvey, J. (2002). <i>Managing clinical supervision: Ethical practice and legal risk management</i> . Pacific Grove, CA: Brooks/Cole
MHS 7945	Internship	No textbook required
MHS 7978	Dissertation Seminar	Creswell, J. W. (2003). <i>Research design: Qualitative, quantitative, and mixed methods approaches</i> . Thousand Oaks, CA: Sage Publications Glatthorn, A.A. (1998). <i>Writing the winning dissertation: A step-by-step guide</i> . Thousand Oaks, CA: Sage Publications
MHS 7980	Dissertation	No textbook required
RCS 5930	Special Topics	No textbook required
RCS 6031	Foundations of Rehabilitation Counseling	Parker, R. M. & Szymanski, E. M. (Eds.) (2006) <i>Rehabilitation counseling: Basics and beyond</i> . New York: Springer Publishing.
RCS 6080	Medical and Psychosocial Aspects of Disability	Falvo, D. R. (2005). <i>Medical and psycho-social aspects of chronic illness and disability</i> (3 rd ed.). Sudbury, MA: Jones & Bartlett Publishers, Inc
RCS 6259	Assistive Technology in Rehabilitation	No textbook required
RCS 6320	Occupational Information and Job Placement	Szymanski & Parker (2003). <i>Work and Disability</i> . Pro-ed
RCS 6644	Case Management in Vocational Rehabilitation	Chan, F., Leahy, M.J. & Saunders, J.L. (Ed., 2005). <i>Case management for rehabilitation health professionals, Vol. 1 & 2</i> . Osage Beach, MO: Aspen Professional Services.
RCS 6801	Rehabilitation Counseling Practicum	No textbook required
RCS 6805	Advanced Practicum in Rehabilitation	No textbook required
RCS 6825	Rehabilitation Counseling Internship	No textbook required
SDS 5010	Fundamentals of School Guidance	American School Counselor Association (2005). <i>The ASCA National Model Workbook</i> . Alexandria, VA: Author.

		<p>Brigman, G. (2005). Fundamentals of School Counseling Resource Packet (see Dr. Brigman's faculty webpage)</p> <p>Myrick, R. (2003). <i>Developmental Guidance & Counseling: A Practical Approach. 4th ed.</i> Minneapolis, MN: Educational Media.</p>
SDS 6316	Data Driven Practices in School Counseling	Dimmitt, C. L., Carey, J.C. & Hatch, P.A. (2007). <i>Evidence-based school counseling: Making a difference with data-driven practices.</i> Thousand Oaks, CA: Corwin Press.
SDS 6426	Guidance and Counseling of Gifted Students	<p>Delisle, J. & Galbraith, J. (2002). <i>When gifted kids don't have all the answers: How to meet their social and emotional needs.</i> Minneapolis, MN: Free Spirit Publishing, Inc.</p> <p>Neihart, M., Reis, S., Robinson, N., and Moon, S. (Eds.) (2002). <i>The social and emotional development of gifted children: What do we know?</i> Waco, TX: Prufrock Press, Inc.</p>
SDS 6820	Internship-Counselor Education	No textbook required