

Department of Counselor Education Catalogue Descriptions

Undergraduate Courses

Introduction to Rehabilitation Services (RCS 2032) 3 credits

Orientation to the rehabilitation process, including a survey of the history, principles, philosophy, and legal aspects of rehabilitation.

Career and Lifespan Development (SDS 3340) 3 credits

This course addresses the history, trends and future direction of the world of work. It focuses on career development theories, searching and exploring job and career opportunities, self assessment, and being successful in the job market. Attention is also given to issues in the workplace, such as diversity and strategies for advancement.

Interpersonal Communication Skills (SDS 4410) 3 credits

This course addresses the nature and process of interpersonal communication. It focuses on perceptions, self-disclosure, stages of relationships, spoken and unspoken communication, listening and responding strategies and problem-solving skills. Attention is given to understanding cultural diversity, conflict management and communication via electronic means.

Graduate Courses

Processes in Counseling (MHS 5005) 3 credits

An introduction to principles and procedures utilized in providing human services through the helping relationship. Experiential components will focus on facilitative skill-building.

Counseling Special Needs Populations (MHS 5428) 3 credits

Course explores special issues and methods involved in counseling minority, bilingual, disabled, low SES, and other special population groups.

Special Topics (MHS 5930) 1-5 credits

Prerequisite: Permission of instructor

Psychopathology in Counseling (MHS 6070) 3 credits

Prerequisite: Permission of instructor

Examines the theory and practice of diagnosis in the assessment and treatment of mental disorders and the use of the DSM-IV multi-axial system. Specific mental disorders are reviewed with an emphasis on recognizing symptoms associated with the disorder and treatment.

Appraisal and Evaluation in Counseling (MHS 6220) 3 credits

Prerequisite: Permission of instructor

The use, interpretation, and application of tests and other tools of a psychological nature in the assessment and diagnosis of individual, marital, family, group, and systemic dysfunctions are examined.

Career Development (MHS 6340) 3 credits

Prerequisite: Permission of instructor

Factors contributing to career development that need to be considered by counselors assisting clients with career planning and decision-making. There will be presentation of career guidance models, materials, and strategies for various client groups.

Counseling Theories and Techniques (MHS 6401) 3 credits

Prerequisite: Permission of instructor

Theory and application of cognitive/behavioral counseling models and other current counseling theories and models.

Counseling Children (MHS 6421) 3 credits

Prerequisite: Permission of instructor

Course explores methods and special issues involved in counseling children.

Counseling Adolescents (MHS 6423) 3 credits

Prerequisite: Permission of instructor

Course explores methods and special issues involved in counseling adolescents.

Family Counseling (MHS 6430) 3 credits

Examines family systems and family counseling practice. Emphasizes family systems perspective to presenting issues. Includes techniques, ethics, and current status of family counseling in various work settings.

Family Counseling: Theories and Techniques (MHS 6435) 3 credits

Prerequisite: Permission of instructor

Course develops students' family counseling skills by integrating a clinical experience format with the study of current theoretical constructs and models.

Substance Abuse Counseling (MHS 6450) 3 credits

Prerequisite: Permission of instructor

Course addresses the history, policies, etiology and maintenance factors, diagnosis, and counseling treatments for the abuse of alcohol and other drugs.

Counseling and Human Sexuality (MHS 6470) 3 credits

Prerequisite: Permission of instructor

Human sexuality issues will be explored with an emphasis on assessment and intervention in mental health counseling practice.

Life Span Development (MHS 6482) 3 credits

Addresses the major theories of human development across the life span. Relates how life span stages and developmental tasks relate to normal development, prevention, and counseling. Concerns of individuals at different life span stages are addressed.

Group Counseling (MHS 6510) 3 credits

Prerequisite: Permission of instructor

Stresses development of effective group counseling leadership skills and knowledge of organizing, implementing, and evaluating group counseling programs. Includes an experiential group component.

Consultation and Behavior Management (MHS 6600) 3 credits

Prerequisite: Permission of instructor

Various models of consultation with opportunity to develop skills in working with consultees in school settings.

Legal, Ethical, and Professional Issues in Counseling (MHS 6700) 3 credits

Legal, ethical, and professional issues in counseling are viewed from a national, state, and local perspective.

Issues in Mental Health Counseling Practice (MHS 6701) 3 credits

Course addresses professional practice issues in mental health counseling. Includes history, identity, roles, and trends affecting the field and practice of mental health counseling.

Research in Counseling (MHS 6710) 3 credits

Prerequisite: Permission of instructor

Addresses research designs and methods related to variables and constructs found in the counseling literature. Includes field experiences and counseling program evaluation.

Practicum in Counseling (MHS 6800) 3 credits

Prerequisite: Permission of instructor

Supervised counseling practice involving individuals, families, and groups in field placement settings.

Advanced Practicum in Counseling (MHS 6801) 3 credits

Prerequisites: MHS 6800 and permission of instructor

The class requires additional clinical responsibilities with the intent to deepen counseling skills. The student is expected to demonstrate advanced knowledge, skills, and abilities congruent with a personal “orientation” based on the integration of theoretical and empirical knowledge.

Internship Mental Health Counseling (MHS 6830) 3-6 credits

Prerequisites: MHS 6801 and permission of instructor

The internship provides students with a supervised opportunity to perform a broad range of counseling activities that regular employees, with similar or equivalent educational background, conduct in a given clinical setting.

Directed Independent Study (MHS 6905) 1-5 credits

Prerequisite: Permission of instructor

Professional Seminar (MHS 6930) 3 credits

Prerequisite: Permission of instructor

Major issues and problems in relation to current research, trends, and developments in counseling.

Appraisal of Children, Adults, Couples, and Families (MHS 7222) 3 credits

Prerequisite: MHS 6220

Course is designed to extend the student's knowledge and skills in the appraisal and evaluation of children, adolescents, adults, couples, and families.

Adv. Counseling Theories: Brief Therapies (MHS 7402) 3 credits

Prerequisite: MHS 6401

Course is intended to introduce students to theoretical principles and applied skills in current counseling with an emphasis on brief therapy models.

Optimal Human Functioning and Development in Counseling (MHS 7406) 3 credits

A critical review and application of theory and research on human strengths and positive psychology relating to developmental issues in counseling and psychotherapy, including physical and mental health, close intimate relationships, and career development.

Psychotherapy and Illness (MHS 7407) 3 credits

Prerequisite: MHS 7402

Course discusses the application of focused psychotherapy strategies to acute and chronic medical illness.

Counseling Interventions with Children and Adolescents (MHS 7424) 3 credits

Prerequisites: MHS 6421, 6423

Advanced verbal and action techniques and methods with children and young adolescents, with an emphasis on play therapy and action therapy methods.

Multicultural, Spiritual, and Professional Issues in Counseling (MHS 7429) 3 credits

Prerequisites: MHS 6700, 6701

An advanced examination of multicultural, religion, spirituality, and professional issues, particularly involving advocacy for clients and the profession as they relate to counseling leadership and practice.

Theory, Research, and Interventions with Couples, Families (MHS 7431) 3 credits

An advanced course on contemporary theories and research as they impact interventions in couples and family counseling and therapy.

Advanced Group Counseling (MHS 7512) 3 credits

Prerequisite: MHS 6510

An examination of group theory and research-based best practices for the advanced group leader.

Consultation and Leadership in Counseling (MHS 7606) 3 credits

Course is designed to increase students' awareness of, and skills in, the roles of consultant, leader, and advocate in various clinical, community, and administrative roles.

Consultation in School and Community (MHS 7608) 3 credits

Designed to increase students' awareness of, and skills in, needs assessment and planning, implementation and evaluation of counseling services, and preventive programs for children in communities and schools.

Advanced Supervision in Counseling (MHS 7611) 3 credits

Designed to increase awareness of, and skills in, the supervisory relationship, including contextual issues of supervision and supervisee developmental processes.

Outcomes Assessment and Evaluation in Counseling (MHS 7714) 3 credits

Prerequisite: MHS 6710

Course critically reviews the literature on intervention outcomes in counseling and related fields.

Advanced Research in Counseling (MHS 7730) 3 credits

Prerequisites: EDF 7482, STA 6113, STA 7114

Course critically reviews the core constructs, process, and outcome variables in the counseling and psychotherapy research literature with emphasis on research design, measurement, and analysis considerations.

Directed Independent Study (MHS 7905) 1-5 credits

Special Topics (MHS 7930) 3 credits

Prerequisite: Permission of instructor

Topics related to the doctoral program in Counselor Education.

Practicum in Supervision (MHS 7940) 3 credits

Prerequisite: MHS 7611

This doctoral-level seminar and practicum is designed to provide students with the opportunity to enhance counseling supervision skills.

Internship (MHS 7945) 3 credits

Prerequisite: MHS 6830

An advanced internship designed to enhance the counselor's knowledge, skills, and abilities in assessment, case conceptualization, treatment planning, intervention, and the monitoring and evaluation of the counseling and psychotherapeutic process and outcome.

Dissertation Seminar (MHS 7978) 3 credits

Prerequisite: MHS 7730

Introduces and oversees dissertation research. Designed to facilitate the process of conceptualization, planning, implementing, and defending a quality doctoral dissertation.

Dissertation (MHS 7980) 3-12 credits

Prerequisite: MHS 7978

A minimum of 12 dissertation credits is required to complete the doctoral program.

Grading: S/U

Special Topics (RCS 5930) 3 credits

Prerequisite: Departmental approval

Special topics in rehabilitation counseling.

Foundations of Rehabilitation Counseling (RCS 6031) 3 credits

Prerequisites: Graduate admission and department approval

A survey of the historical, sociological, legislative, and operational foundations of rehabilitation and service delivery.

Medical and Psychosocial Aspects of Disability (RCS 6080) 3 credits

Prerequisite: Graduate admission

A survey of the medical, psychosocial, and social aspects of disability.

Assistive Technology in Rehabilitation (RCS 6259) 3 credits

Prerequisite: Department approval

Course explores the theory and application of assistive and adaptive technology for rehabilitation counselors.

Occupational Information and Job Placement (RCS 6320) 3 credits

Prerequisite: Graduate admission

A survey of the vocational aspects of disability, occupational classification, and career development of persons with disabilities.

Case Management in Vocational Rehabilitation (RCS 6644) 3 credits

A survey of the various case management models within a variety of rehabilitation settings: state VR, IL centers, community mental health centers/agencies, private rehabilitation companies, and disability management programs.

Rehabilitation Counseling Practicum (RCS 6801) 3 credits

Prerequisite: Departmental approval

Supervised, highly structured clinical and practical experience in rehabilitation counseling.

Advanced Practicum in Rehabilitation Counseling (RCS 6805) 3 credits

Prerequisite: RCS 6801

Course provides supervised clinical and practical experience in rehabilitation counseling, rehabilitation case management, and related rehabilitation service provisions. The practicum requires 250 hours of approved clinical time both on campus and off campus at an approved agency setting.

Rehabilitation Counseling Internship (RCS 6825) 3-6 credits

Prerequisites: Departmental approval, RCS 6801

Supervised, but more autonomous, clinical and practical experience in rehabilitation counseling.

Fundamentals of School Guidance (SDS 5010) 3 credits

A survey of guidance services available in a school setting including principles, procedures, and emerging trends in guidance services.

Seminar: Home-School Collaboration 1 (SDS 5603C) 1 credit

Examines current issues in home-school collaboration. Includes self-directed project related to home-school collaboration.

Seminar: Home-School Collaboration 2 (SDS 5604C) 1 credit

Continuation of SDS 5603C with practical application and evaluation of research findings from the 5603C course.

Guidance and Counseling of Gifted Students (SDS 6426) 3 credits

Guidance and counseling needs of gifted and talented students will be explored. Strategies for use by counselors and teachers in guiding the gifted will be demonstrated.

Group Counseling for School Counselors (SDS 6510) 3 credits

Explores structured small groups counseling, including methods and topics specifically oriented to school settings K-12.

Internship-Counselor Education (SDS 6820) 3-6 credits

Prerequisite: Approval of advisor

This full-time field placement in a public school guidance program is required for all students in the school counseling track.

Master's Thesis (SDS 6970) 3 credits

Grading: S/U