

**Florida Atlantic University**  
**College of Education**  
**Department of Exercise Science & Health Promotion**  
**Summer 2009**

**Course:** HSC 2400 – Advanced First Aid  
**Instructor:** Shirley Rojas  
**Office:** Gym – Rm. 152  
**Office Hours:** By appointment only  
**Phone:** (561) 297-3752  
**Email:** srojas4@fau.edu  
**Class:** **Term 2:** T-R 11:45-1:55 PM, **Term 3:** 11:45-1:55 PM, T-R 2:45-4:55 PM

- **Course description:** Study of the techniques of emergency first aid, cardiopulmonary resuscitation (CPR) and accident prevention. Emphasis will be placed on examining the interrelationships among human behavior of the environment and accidents. Opportunities exist for each student to earn CPR and First Aid certification.
- **Course Objectives:** To be able to respond to an emergency situation, decide and perform actions according to the American Academy of Orthopaedic Surgeons.
- **Textbook:** The American Academy of Orthopaedic Surgeons First Aid, CPR, and AED Fifth Edition ISBN-13: 978-0-7637-4209-6  
*You will also need a CPR mask, which can be purchased at the bookstore.*

**Course Requirements**

- **Class Participation/Attendance:** All students are expected to be current with the reading and take part in class discussions. At times this may include group discussions and activities at the end of the chapter. Any absence notes should be turned in by the next class meeting you attend. Documentation must be turned in a week before the last class meeting.
- **Quizzes:** Periodic quizzes will be given on previous class material. **Quizzes cannot be made up.**
- **Exams:** Three exams will be given throughout the semester. The exams may consist of multiple choice, short answer, and true/false and scenario questions.
- **Practical Exams:** Each student will need to demonstrate CPR, obstructed airway and various first aid skills. You will be **required** to have your own CPR mask.
- **First Aid Kit:** Students will be required to make their own first aid kit. Directions and grading will be given in class.

**NOTE:** In accordance with university policy all cell phones and beepers must be turned off during class.

*In compliance with the Americans with Disabilities Act (ADA), students who require special accommodations due to a disability to properly execute coursework must register with the Office for Students with Disabilities (OSD) located in Boca Raton - SU 133 (561-297-3880), in Davie - MOD I (954-236-1222), in Jupiter - SR 117 (561-799-8585), or at the Treasure Coast - CO 128 (772-873-3305), and follow all OSD procedures.*

*Students at Florida Atlantic University are expected to maintain the highest ethical standards. Academic dishonesty, including cheating and plagiarism, is considered a serious breach of these ethical standards, because it interferes with the University mission to provide a high quality education in which no student enjoys an unfair advantage over any other. Academic dishonesty is also destructive of the University community, which is grounded in a system of mutual trust*

and places high value on personal integrity and individual responsibility. Harsh penalties are associated with academic dishonesty. For more information, see [http://www.fau.edu/regulations/chapter4/4.001\\_Honor\\_Code.pdf](http://www.fau.edu/regulations/chapter4/4.001_Honor_Code.pdf).

**Course Evaluation:**

Participation/Attendance	15
Quizzes	15
Test 1	50
Test 2	50
Test 3	50
First Aid Kit	30
CPR Practical	20
First Aid Practical	10
<b>Total</b>	<b>240</b>

**Grading Scale:**

A =94-100%	C= 74-76.99%
A- =90-93.99%	C- = 70-73.99%
B+=87-89.99%	D+=67-69.99%
B= 84-86.99%	D= 64-66.99%
B- = 80-83.99%	D- = 60-63.99%
C+=77-79.99%	F = 0-59.99%

**Course Schedule (Tentative)**

***Tuesdays –Thursdays***

<i>May 12</i>	Introduction, Expectations, Tools, and Syllabus / Chapter 1-3
<i>May 14</i>	Chapter 4-6 / <b>(Quiz 1 CH 1-6)</b> / CPR Practice
<i>May 19</i>	<b>CPR Practical / Exam 1 (CH 1-6)</b>
<i>May 21</i>	Chapters 7-10 / Practice (Bandaging)
<i>May 26</i>	Chapters 10 – 14 ( <b>Quiz 2 CH 7-10</b> ) / Practice (Bandaging)
<i>May 28</i>	Exam 2 (CH 7-10) / Chapters 15-16
<i>June 2</i>	Practice (Splint, sling, other) / Chapters 17-19
<i>June 4</i>	Chapters 19-21
<i>June 9</i>	Chapters 22-23
<i>June 11</i>	Chapters 24-26 / Practice / <b>Quiz 3 (CH 15-26) / First Aid Project DUE</b>
<i>June 16</i>	<b>First Aid Practicals</b> / Re-Dos
<i>June 18</i>	<b>Exam 3 (CH 15-26)</b> / Practical Re-Dos

**Course Schedule (Tentative)*****Tuesdays –Thursdays***

<i>June 23</i>	Introduction, Expectations, Tools, and Syllabus / Chapter 1-3
<i>June 25</i>	Chapter 4-6 / <b>(Quiz 1 CH 1-6)</b> / CPR Practice
<i>June 30</i>	<b>CPR Practical / Exam 1 (CH 1-6)</b>
<i>July 2</i>	Chapters 7-10 / Practice (Bandaging)
<i>July 7</i>	Chapters 10 – 14 ( <b>Quiz 2 CH 7-10</b> ) / Practice (Bandaging)
<i>July 9</i>	Exam 2 (CH 7-10) / Chapters 15-16
<i>July 14</i>	Practice (Splint, sling, other) / Chapters 17-19
<i>July 16</i>	Chapters 19-21
<i>July 21</i>	Chapters 22-23
<i>July 23</i>	Chapters 24-26 / Practice / <b>Quiz 3 (CH 15-26) / First Aid Project DUE</b>
<i>July 28</i>	<b>First Aid Practicals</b> / Re-Dos
<i>July 30</i>	<b>Exam 3 (CH 15-26)</b> / Practical Re-Dos