

**Florida Atlantic University  
College of Education  
Department of Exercise Science & Health Promotion  
Fall 2009**

**Course:** HSC 2400 – Advanced First Aid  
**Instructor:** Shirley Rojas  
**Office:** Gym – Rm. 152  
**Office Hours:** By appointment only  
**Phone:** (561) 297-3752  
**Email:** srojas4@fau.edu  
**Class:** M-W 11:00-11:50 AM, T-R 10:00-10:50 AM, T-R 12:00-12:50 PM  
**Note:** Classroom building and number are listed on the FAU Course Schedule

- **Course description:** Study of the techniques of emergency first aid, cardiopulmonary resuscitation (CPR) and accident prevention. Emphasis will be placed on examining the interrelationships among human behavior of the environment and accidents. Opportunities exist for each student to earn CPR and First Aid certification.
- **Course Objectives:** To be able to respond to an emergency situation, decide and perform actions according to the American Academy of Orthopaedic Surgeons.
- **Textbook:** The American Academy of Orthopaedic Surgeons First Aid, CPR, and AED Fifth Edition ISBN-13: 978-0-7637-4209-6  
*You will also need a CPR mask, which can be purchased at the bookstore.*

**Course Requirements**

- **Class Participation/Attendance:** All students are expected to be current with the reading and take part in class discussions. At times this may include group discussions and activities at the end of the chapter. Any absence notes should be turned in by the next class meeting you attend. Documentation must be turned in a week before the last class meeting.
- **Quizzes:** Periodic quizzes will be given on previous class material. **Quizzes cannot be made up.**
- **Exams:** Three exams will be given throughout the semester. The exams may consist of multiple choice, short answer, and true/false and scenario questions.
- **Practical Exams:** Each student will need to demonstrate CPR, obstructed airway and various first aid skills. You will be **required** to have your own CPR mask.
- **First Aid Kit:** Students will be required to make their own first aid kit. Directions and grading will be given in class.

**NOTE:** In accordance with university policy all cell phones and beepers must be turned off during class.

*In compliance with the Americans with Disabilities Act (ADA), students who require special accommodations due to a disability to properly execute coursework must register with the Office for Students with Disabilities (OSD) located in Boca Raton - SU 133 (561-297-3880), in Davie - MOD I (954-236-1222), in Jupiter - SR 117 (561-799-8585), or at the Treasure Coast - CO 128 (772-873-3305), and follow all OSD procedures.*

*Students at Florida Atlantic University are expected to maintain the highest ethical standards. Academic dishonesty, including cheating and plagiarism, is considered a serious breach of these ethical standards, because it interferes with the University mission to provide a high quality education in which no student enjoys an unfair advantage over any other. Academic*

dishonesty is also destructive of the University community, which is grounded in a system of mutual trust and places high value on personal integrity and individual responsibility. Harsh penalties are associated with academic dishonesty. For more information, see [http://www.fau.edu/regulations/chapter4/4.001\\_Honor\\_Code.pdf](http://www.fau.edu/regulations/chapter4/4.001_Honor_Code.pdf).

**Course Evaluation:**

Participation/Attendance	15
Quizzes	15
Test 1	50
Test 2	50
Test 3	50
First Aid Kit	30
CPR Practical	20
First Aid Practical	10
<b>Total</b>	<b>240</b>

**Grading Scale:**

A =94-100%	C= 74-76.99%
A- =90-93.99%	C- = 70-73.99%
B+=87-89.99%	D+=67-69.99%
B= 84-86.99%	D= 64-66.99%
B- = 80-83.99%	D- = 60-63.99%
C+=77-79.99%	F = 0-59.99%

**Course Schedule (Tentative)**

**Monday - Wednesday**

August 24	Introduction, Expectations, Tools, and Syllabus, Chapter 1
August 26	Chapter 1 & Chapter 2 (Glove Activity)
August 31	Chapter 3 & Chapter 4
September 2	Chapter 4, Practice (Scene Size up, AVPU, Early Access, Open Airway) ***CPR masks***
September 7	<b>No Class- Labor Day</b>
September 9	Chapter 5 (Video: A/ C/ I CPR) Practice ***CPR masks***
September 14	Chapter 5, Obstructed Airway (A/I) Practice, CPR Practice, ***CPR masks***
September 16	Chapter 6, CPR/AED Practice ***CPR masks***
September 21	<b>Quiz 1</b> , CPR/AED Practice ***CPR masks***
September 23	<b>CPR Practical</b>
September 28	<b>CPR Practical</b>
September 30	<b>CPR Practical</b>
October 5	<b>Exam 1 (Chapters 1-6)</b>
October 7	Chapter 7, 8
October 12	Chapter 9, 10 First Aid Practice (bandaging)
October 14	Chapter 11
October 19	Chapter 12 First Aid Practice (Stabilizing impaled objects)
October 21	Chapter 13, 14*
October 26	Chapter 14, First Aid Practice*
October 28	<b>Quiz 2</b> , Chapter 15 (Upper Body Injuries)
November 2	<b>Exam 2 (Chapter 7-14)</b>
November 4	Chapter 15 (Lower Body Injuries)

November 9	Chapter 16 First Aid Practice (Slinging/ Splinting)
November 11	<b>No Class- Veteran's Day</b>
November 16	<i>First Aid Practical</i>
November 18	<i>First Aid Practical</i>
November 23	<i>First Aid Practical</i>
November 25	Chapter 17, Scenarios
November 30	Chapter 18
December 2	Chapter 19 & Chapter 21
	<b>Quiz 3, (First Aid Project DUE)</b>
December 9 (Wednesday)	<b>Final Exam (10:30-1pm)</b>

### Course Schedule (Tentative)

#### *Tuesdays & Thursdays*

August 25	Introduction, Expectations, Tools, and Syllabus & Chapter 1
August 27	Chapter 1 & Chapter 2 (Glove Activity)
September 1	Chapter 3 & Chapter 4
September 3	Chapter 4, Practice (Scene Size up, AVPU, Early Access, Open Airway) ***CPR masks***
September 8	Chapter 5 (Video: A/ C/ I CPR) Practice ***CPR masks***
September 10	Chapter 5, Obstructed Airway (A/I) Practice, CPR Practice, ***CPR masks***
September 15	Chapter 6, CPR/AED Practice ***CPR masks***
September 17	<b>Quiz 1</b> , CPR/AED Practice ***CPR masks***
September 22	<i>CPR Practical</i>
September 24	<i>CPR Practical</i>
September 29	<i>CPR Practical</i>
October 1	<b>Exam 1 (Chapters 1-6)</b>
October 6	Chapter 7, 8
October 8	Chapter 9, 10 First Aid Practice (bandaging)
October 13	Chapter 11
October 15	Chapter 12 First Aid Practice (Stabilizing impaled objects)
October 20	Chapter 13, 14
October 22	<b>Quiz 2</b> , Chapter 15 (Upper Body Injuries)
October 27	<b>Exam 2 (Chapters 7-14)</b>
October 29	Chapter 15 (Lower Body Injuries) & Chapter 16
November 3	Chapter 16 First Aid Practice (Slinging/Splinting)
November 5	<i>First Aid Practical</i>
November 10	<i>First Aid Practical</i>
November 12	<i>First Aid Practical</i>
November 17	Chapter 17, Scenarios
November 19	Chapter 18
November 24	Chapter 19 & Chapter 21
November 26	<b>No Class- Thanksgiving Break</b>

December 1	<b>(Quiz 3) (First Aid Project DUE)</b>
<b>December 3 (Thursday) (12-12:50pm Class)</b>	<b><i>Final Exam (Chapters 15-19 &amp; 21) @10:30-1pm</i></b>
<b>December 8 (Tuesday) (10-10:50am Class)</b>	<b><i>Final Exam (Chapter 15-19 &amp; 21) @10:30-1pm</i></b>