

VITA  
**PAUL R. PELUSO**  
Department of Counselor Education.  
Florida Atlantic University  
Boca Raton, FL. 33431  
*PPeluso@fau.edu*  
**(561) 297-3625 (W)**

---

**EDUCATION:**

- Graduate:* Ph.D. Counselor Education and Human Development\*—June, 2001  
Georgia State University, Atlanta, GA
- Ed.S. Professional Counseling—June, 1998  
Georgia State University, Atlanta, GA
- M.S. Community Counseling\*—August, 1996  
Georgia State University, Atlanta, GA
- Undergraduate:* B.A. Psychology—May, 1992  
Fairfield University, Fairfield, CT

\*CACREP Approved Programs

**CURRENT POSITION:**

**2005-Present** Program Coordinator, Mental Health Counseling, Department of Counselor Education, College of Education, Florida Atlantic University, Boca Raton, FL

**2003-Present** Assistant Professor of Mental Health Counseling, Department of Counselor Education, College of Education, Florida Atlantic University, Boca Raton, FL

**TEACHING EXPERIENCE:**

**Assistant Professor of Mental Health Counseling, Department of Counselor Education, College of Education, Florida Atlantic University, Boca Raton, FL (2003-Present)**

**Masters Level Courses Taught**

- MHS 5005: Processes in Counseling
- MHS 5930: Supervision in Counseling
- MHS 6501: Group Counseling
- MHS 6701: Issues in Mental Health Counseling
- MHS 6430: Family Counseling
- MHS 6801: Advanced Practicum
- MHS 6830: Internship in Mental Health Counseling

**Doctoral Level Courses Taught**

- MHS 7714: Outcome Evaluation
- MHS 7730: Advanced Research in Counseling

**Assistant Professor of Psychiatry and Behavioral Sciences, Mercer University School of Medicine, Mercer University, Macon, GA (2003)**

- MFST 650: Human Sexual Dysfunction
- MFST 665: Gender Development
- MFST 696: Practicum- Marriage & Family Therapy Settings

**Visiting Assistant Professor of Psychology, Department of Psychology, College of Liberal Arts, Mercer University, Macon, GA (2002-2003)**

- PSY 245: Developmental Psychology
- PSY 303: Methods of Research in Psychology
- PSY 490: Senior Project in Psychology
- SCI 105: Scientific Inquiry

**Adjunct Professor of Human Services, Department of Social Sciences, Tift College of Education, Mercer University, Atlanta, GA (2000-2002)**

- HSRV 340: Social Welfare Policy
- HRSV 365: Current Psychotherapies
- HRSV 401: Multiculturalism and Ethics
- PSYC 225: Developmental Psychology I
- PSYC 226: Developmental Psychology II

**Graduate Teaching Assistant, Department of Counseling and Psychological Services, College of Education, Georgia State University, Atlanta, GA (1996-1998)**

- CPS 610: Sociocultural Foundations of CPS
- CPS 743: Helping Skills I
- CPS 768: Internship in Professional Counseling

**CLINICAL EXPERIENCE:**

**2002-2003: Mercer University School of Medicine, Macon, GA.**

**Assistant Professor of Psychiatry and Behavioral Sciences-**

- Provided Individual, Marriage and Family Therapy to clients in an outpatient setting.

**1996-2002: Odyssey Family Counseling Center, McDonough, GA.**

**Outcome Research Coordinator, Marriage and Family Therapist-**

- Coordinated the collection, analysis, and reporting of research findings on treatment outcomes
- Provided individual, couples, and family therapy
- Conducted batterer's assessments for Domestic Violence program
- Led a weekly Men's Domestic Violence group
- Provided individual and family therapy to survivors of suicide and homicide
- Led bi-monthly group for survivors of homicide
- Supervised counselor interns
- Facilitated *Systematic Training for Effective Parenting* (STEP) groups
- Led a weekly Children's Domestic Violence group
- Assisted in writing and preparing grant proposals

### **PROFESSIONAL LICENSES AND CERTIFICATIONS:**

- Licensed Mental Health Counselor, Florida (Lic. # MH8797)
- Licensed Marriage and Family Therapist, Florida (Lic. # MT2187)
- National Certified Counselor (Board Certified #45732 Issued October 12, 1996).
- Certified Disaster Mental Health Counselor, American Red Cross
- Licensed Professional Counselor, Georgia (Lic. # 2879- *Lapsed*)
- Licensed Marriage and Family Therapist, Georgia (Lic. # 895-*Lapsed*)

### **SUPERVISION ELIGIBILITY:**

- AAMFT Approved Supervisor
- Board Eligible LPC & LMHC Supervisor (Georgia & Florida)

### **PROFESSIONAL AFFILIATIONS AND MEMBERSHIPS:**

- American Counseling Association (Professional Member)
- International Association of Marriage and Family Counselors (Professional Member)
- Association for Assessment in Counseling (Professional Member)
- American Association of Marriage and Family Therapists (Clinical Member)
- Association for Assessment in Counseling and Education (Clinical Member)
- Florida Association of Marriage and Family Therapists (Clinical Member)
- North American Society for Adlerian Psychology (Clinical Member)

## **PUBLICATIONS AND PRESENTATIONS:**

### **Authored Books:**

Watts, R.E., Peluso, P.R. & Lewis, T. F. (under contract). *Techniques in Counseling and Psychotherapy*. Upper Saddle River, N.J.: Merrill-Prentice Hall.

Mozdzierz, G, Peluso, P.R. & Lisiecki, J. (under contract), *Basic Skills in Counseling: Using a non-linear approach to teaching how to THINK like a therapist (Working Title)*. Boston, MA: Allyn and Bacon.

Sperry L., Carlson, J. & Peluso, P. R. (2006). *Couples Therapy: Integrating Theory, Research, & Practice (2<sup>nd</sup> Ed.)*. Denver, CO.: Love Publishers.

### **Book Chapters:**

Peluso, P.R. (2007). Summarizing *Infidelity*: Lessons learned along the way. In Peluso, P. R. (in press). *Infidelity: A Practitioner's Guide to Working Couples in Crisis* (pp, 323-328). New York: Routledge.

Pittman, F. S., Berman, K. & Peluso, P. R. (2007). Reflections of a Master: An Interview with Frank Pittman. In Peluso, P. R. (in press). *Infidelity: A Practitioner's Guide to Working Couples in Crisis* (pp, 283-293). New York: Routledge

Peluso, P.R. (2007). *Infidelity*: Introduction and Overview. In Peluso, P. R. (in press). *Infidelity: A Practitioner's Guide to Working Couples in Crisis* (pp, 1-7). New York: Routledge

Peluso, P. R. (2007) The ethical and professional practice of couples and family counseling. In Sperry, L. (Ed.) *The ethical and professional practice of counseling and psychotherapy* (pp. 285-351). Boston: Allyn & Bacon.

Peluso, P. R. & Miranda, A. O. (2007) The ethical and professional practice of mental health counseling. In Sperry, L. (Ed.) *The ethical and professional practice of counseling and psychotherapy* (pp. 230-284). Boston: Allyn & Bacon.

Peluso, P. R. (2006) The style of life. In Slavik, S. & Carlson, J. (Eds.) *Readings in the Theory of Individual Psychology* (pp. 294-304). New York: Routledge.

Peluso, P. R. & Peluso, J. P. (2005) "What are you Talking About? There's Nothing Wrong!" The Impact of the Repressive-Defensive Coping Style in Couples' Interactions. In D. Eckstein (Ed.). *Relationship repair; fix-it activities for couples and families*. Victoria, B.C. Trafford.

Peluso, P. R., & Stoltz, K. B. (2002). Using the Adlerian lifestyle construct as a strengths

assessment tool for employee's success. In Sandhu, D. (Ed.) *Counseling Employees: A Multifaceted Approach* (pp. 83-103). Washington, D.C.: ACA Publishers.

### **Edited Books:**

Peluso, P. R. (in press). *Infidelity: A Practitioner's Guide to Working Couples in Crisis*. New York: Routledge.

### **Published Journal Articles:**

Peluso, P. R., Peluso, J. P., Buckner, J. P., Kern, R. M., & Curlette, W. L. (in press). Measuring lifestyle and attachment: An empirical investigation linking individual psychology and attachment theory. *Journal of Counseling and Development*.

Peluso, P. R. & Macintosh, H. (2007). Emotion-Focused Couples Therapy and Individual Psychology: A Dialogue Across Theories. *Journal of Individual Psychology, 63*(3)

Peluso, P.R. (2007). Editor's notes: Special Issue on Couples Therapy, Relationship Enhancement, and Individual Psychology. *Journal of Individual Psychology, 63*(3)

Miranda, A.O., Webb, L. D., Brigman, G. A., & Peluso, P. R. (in press). Student success skills: A promising program to close the academic achievement gap of African American and Latino students. *Professional School Counseling*

Miranda, A.O., Bilot, J. M., Peluso P. R., Berman, K., & Van Meek, L. (2006). Latino families: The relevance of the connection among acculturation, family dynamics, and health for family counseling research and practice. *The Family Journal: Counseling and Therapy for Couples and Families, 14*(3) 268-273.

Peluso P. R. (2006). Expanding the use of the ethical genogram: Incorporating the ethical principles to help clarify counselors ethical decision making styles. *The Family Journal: Counseling and Therapy for Couples and Families, 14*(2),

Watts, R. E., Peluso, P. R., & Lewis, T.F. (2005). Expanding the acting 'as if' technique: An Adlerian/Constructive integration. *Journal of Individual Psychology, 61*(4), 380-387

Watts, R. E., & Peluso, P. R. (2005). Imaginary team members: A couples counseling perspective. *The Family Journal: Counseling and Therapy for Couples and Families, 13*(3), 332-335.

Peluso, P. R., Peluso, J.P., White, J. F. & Kern, R. M. (2004). A comparison of attachment theory and individual psychology: A review of the literature. *Journal of Counseling and Development, 82*(2), 139-145.

Peluso, P. R., Peluso, J. P., Buckner, J. P., Kern, R. M., & Curlette, W. L. (2004). An analysis of the reliability of the BASIS-A inventory using a northeastern and southeastern sample. *Journal of Individual Psychology, 60*(3), 294-307.

Peluso, P.R. (2004). Review of *Adlerian, Cognitive, and Constructivist Therapies: An Interactive Dialogue* (Richard E. Watts, Editor). *Journal of Individual Psychology, 60*(3),

Peluso P. R. (2003). The ethical genogram: A tool for helping therapists understand their ethical decision making styles. *The Family Journal: Counseling and Therapy for Couples and Families, 11*(3), 286-291.

Peluso, P. R. (2002). Counseling families affected by suicide: An interview with Iris Bolton. *The Family Journal: Counseling and Therapy for Couples and Families, 10*(3), 350-356.

Peluso, P. R., & Kern, R. M. (2002). An Adlerian model for assessing and treating the perpetrators of domestic violence. *Journal of Individual Psychology, 58*(1), 87-103.

Kern, R. M., & Peluso, P. R. (1999). Using individual psychology concepts to compare family systems processes and organizational behavior. *The Family Journal: Counseling and Therapy for Couples and Families, 11*(3), 236-244.

Peluso, P. R., & Kern, R. M. (1998). The seven habits of highly effective people and individual psychology. *Canadian Journal of Individual Psychology 28* (1), 9-16.

Peluso, P. R. (1994a). Psychology in the future? Or is it the past? *Fairfield University Psychology Journal, 1*, 9-14.

Peluso, P. R. (1994b). To behavioralize or not to behavioralize, that is the question. *Fairfield University Psychology Journal, 1*, 21-25.

### **International Presentations:**

Peluso, P. R. (2006, July). *Adlerian Couples Counseling*. A ten-day seminar course on couples counseling at the annual meeting of the International Committee for Adlerian Summer Schools and Institutes, Oberstaufen, GERMANY.

Peluso, P. R. (2006, July). *Adlerian Couples Counseling*. A five-day seminar course on seminar course on couples counseling, Comenius University of Bratislava, Bratislava, SLOVAKIA.

Peluso, P. R. (2005, March). *The Ethical Practice of Counseling and Psychotherapy*. A three-day seminar course on ethics in counseling, Comenius University of Bratislava, Bratislava, SLOVAKIA.

Peluso, P. R. (2005, March). *Couples Therapy: Integrating Gottman's Four Horsemen and Dreikurs' Misguided Goals of Behavior*. An invited lecture delivered to the department of psychology, Comenius University of Bratislava, Bratislava, SLOVAKIA.

Peluso, P. R. (2004, August). *Safeguarding or Resistance? A New Perspective On Measuring Client Readiness*. Paper presented at the annual meeting of the International Committee for Adlerian Summer Schools and Institutes, Cork, IRELAND.

**National Poster or Paper Presentations (refereed):**

Peluso, P. R. (2006, May). *Of Horsemen and Misguided Goals: A Comparison of Gottman's and Dreikurs' Approaches to Couples Therapy*. Paper presented at the annual meeting of the North American Society for Adlerian Psychology, Chicago, IL.

Peluso P. R. (2005, May). *The ethical genogram: A tool for helping therapists understand their ethical decision making styles*. Paper presented at the annual meeting of the Florida Association for Marriage and Family Therapy, Ft. Lauderdale, FL.

Peluso, P. R., & Peluso, J. P. (2004, June). *Repressive-Defensiveness and Lifestyle: Linking Adler's Theory to Cognitive Research*. Paper presented at the annual meeting of the North American Society for Adlerian Psychology, Myrtle Beach, SC.

Peluso, P. R. (2004, March). *Safeguarding or Resistance? A New Perspective On Measuring Client Readiness*. Paper presented at the annual meeting of the American Counseling Association, Kansas City, MO.

Peluso P. R. (2004, March). *The ethical genogram: A tool for helping therapists understand their ethical decision making styles*. Paper presented at the annual meeting of the American Counseling Association, Kansas City, MO.

Kern, R. M., Peluso, P. R. & Stoltz, K. B. (2003, May). *Individual Psychology: Making a living in the world of business*. Paper presented at the annual meeting of the North American Society for Adlerian Psychology, Vancouver, BC.

Peluso P. R. (2003, May). *The ethical genogram: A tool for helping therapists understand their ethical decision making styles*. Paper presented at the annual meeting of the Georgia Association for Marriage and Family Therapy, St. Simon's Island, GA.

Buckner, J. P., Peluso, P. R., & Peluso, J. P. (2002, April). *Measuring the constructs of attachment and Lifestyle*. Poster session presented at the biennial meeting of the Society for Research on Adolescence, New Orleans, LA.

Peluso, P. R. (2001, October). *Clients who call but never come. A study of "no-shows."* Poster session presented at the annual meeting of the American Association for Marriage and Family Therapy, Nashville, TN.

Peluso, P. R., Kern, R. M., & Curlette, W. L. (2001, June). *Attachment theory and individual psychology: Similarities in theory, research, & practice.* Paper presented at the annual meeting of the North American Society for Adlerian Psychology, Tucson, AZ.

Peluso P. R., & Peluso, J. P. (2001, March). *Stress, coping & length of treatment.* Poster session presented at the annual convention of the American Counseling Association, San Antonio, TX.

Peluso, J. P., Caudill, J. B., Bland, L., Brown, M., Johnson, S. L., Swint, C. R., & Peluso, P. R. (2001, March). *Repressive defensiveness, need for cognition, and emotion in early recollections.* Poster session presented at the annual meeting of the Southeastern Psychological Association, Atlanta, GA.

Kern, R. M., Stoltz, K. B., & Peluso, P. R. (2001, February). *Making a living with individual psychology.* Paper presented at the annual meeting of the Florida Adlerian Society, Tampa, FL.

Peluso, P. R., & Kenney, M. C. (2000, November) *Differences in clients seeking individual vs. marriage & family therapy.* Poster session presented at the annual meeting of the American Association for Marriage and Family Therapy, Denver, CO.

Peluso, J. P., Peluso, P. R., & Buckner J. P. (2000, June). *Earliest recollections: Adler's reconstructive view of memories from childhood.* Paper presented at the annual meeting of the Society for Applied Research in Memory and Cognition, Miami Beach, FL.

Peluso, P. R., & Kern, R. M. (2000, May). *An Adlerian model of domestic violence.* Paper presented at the annual meeting of the North American Society for Adlerian Psychology, St. Paul, MN.

Martin, R. L., Peluso, P. R., Wright, D. L., & Peluso, J. P. (1998, August). *Clinicians' use of the internet: A survey of attitudes.* Poster session presented at the annual meeting of the American Psychological Association, San Francisco, CA.

### **Manuscripts Under Review or in Preparation:**

Peluso P. R. & Gordon, K. (2005). *Clients who call but never come. A study of "no-shows."* Manuscript submitted for publication.

Peluso, P. R., Peluso, J. P., & Buckner, J. P. (2003). *A Study of Repressive Defensive Coping Styles and Lifestyle Dynamics.* Manuscript in preparation.



Peluso, P. R., & Curlette, W. L. (2002). *An item response theory analysis of the Basic Adlerian Scales for Interpersonal Success-Adult Form (BASIS-A)*. Manuscript in preparation.

### **Newsletter Articles:**

Peluso, P. R. & Sperry, L. (2005, March/April). The Need to Belong and the Courage to Meet the Press. *The NASAP Newsletter*, 38 (2), 1-3.

Sperry, L. & Peluso, P. R. (2004, March/April). The need to belong: An unexpected validation and a serious challenge to Adlerian psychology. *The NASAP Newsletter*, 37 (2), 1-3.

## **EDITORIAL ACTIVITY**

### *Journal of Counseling and Development*

- 2006-2009- Associate Editor, Quantitative Research.
- 2000-Present- Editorial Board Member.

### *The Family Journal: Counseling and Therapy for Couples and Families*

- 2005-Present- Column Editor- *Counselor Education and Training*,
- 1999-Present- Editorial Board Member

### *The Journal of Individual Psychology*

- 2007- Guest Editor- *Special Issue on Couples Counseling*.
- 2001-Present- Editorial Board Member

## **GRANT ACTIVITY**

### **Funded Grants:**

Peluso, P.R. (2006). *International Travel Award*. Research funded by Florida. Atlantic University Office of Sponsored Research. \$1500

Peluso, P.R., & Miranda, A.O. (2005). Co-principal investigator. *Outcome and Process Evaluation for ASPIRA*. Research funded by ASPIRA of Florida. \$19,880

Peluso, P.R. (2005). *Faculty Seed Grant*. Research funded by Florida. Atlantic University College of Education. \$2500

Peluso, P.R. (2004). *International Travel Award*. Research funded by Florida. Atlantic University Office of Sponsored Research \$1500